# CAREERS Sport, Health and Exercise Science

## Graduate Outcomes 2020/21

### Full-time UK domiciled first degree graduates - 15 months after Bath

The University of Bath has an excellent record of graduate employment, featuring in the top ten for graduate prospects in three major national league tables\*. Across all subjects, 93% of Bath 2020/21 graduates who are employed in the UK are in high skilled employment, compared to 73% nationally<sup>#</sup>. Hundreds of employers of all sizes and from all industries each year advertise vacancies, deliver presentations or network with our students; we are in the top 20 universities targeted by employers<sup>†</sup>.

The information shown here is from the Higher Education Statistics Agency (HESA) Graduate Outcomes survey for 2020/21 leavers. It is the biggest UK annual social survey and captures the perspectives and current status of recent graduates, 15 months after leaving university.

Studies within Sport and Exercise Science covers core training for those who are interested in understanding how human beings function in sport, physical activity and health environments in both sports performance and exercise. Health and Exercise Science focuses on how the body works, the impact of physical activity, diet and other lifestyle choices on health and wellbeing, and the promotion of health at an individual or population level. Graduates from these courses develop many skills that make them attractive to prospective employers, including interdisciplinary teamwork, communication, numerical, analytical, and problem-solving skills, as well as key technical skills and knowledge of chosen strands within biomechanics, physiology, nutrition and psychology. They often hold diverse roles in many different sectors such as education, sport and health science, and in business.

#### **Courses included:**

- Health and Exercise Science BSc
- Sport and Exercise Science BSc/MSci

Response rate	
Total in 2020/21 cohort	115 <sup>\$</sup>
% response rate	63%

<sup>\$</sup>Number rounded to the nearest multiple of five

#### Graduate outcomes by activity

Activity summary	
Employment	55%
Voluntary/unpaid work	-
Employment and further study	19%
Further study	18%
Other: travel, caring, retired	3%
Unemployed <sup>§</sup>	5%
Total	100%

**Note:** Percentages may not total 100% due to rounding. Activity defined using HESA XACTIVITY: takes account of all activities and most important activity.

<sup>§</sup>Unemployed includes those due to start work or study.

<sup>#</sup>Compared with <u>all Universities UK members</u>.

<sup>†</sup>The Graduate Market in 2024, High Fliers Research.

<sup>\*6</sup>th in the Times and The Sunday Times Good University Guide 2024, 4th in the Complete University Guide 2024, and 4th in the Guardian University Guide 2024

Sport and Exercise Science and Health and Exercise Science career pathways are hugely versatile. Graduates enter a wide variety of sectors and industries such as within sport, health, education, public sector, charity sector and in business.

Typical employers are schools, sport teams and organisations, organisations within sport and health science, clinical prevention and rehabilitation, performance analysis and technology and private and public healthcare.

The skills the graduates develop can also be used in non-sport roles within both the public, private and third sectors, particularly where their key skills in technical, numerical and communication skills are used. The most frequent of the industry categories are:

- Human health and social work activities
- Education
- Administrative and support service activities

Examples of employers for the 2020/21 cohort:

- Daylesford Organics
- EY
- Hawk Eye Innovations
- Nuffield Health
- Sport & Wellbeing Analytics

#### **Occupations and job titles**

Sport and Exercise Science and Health and Exercise Science graduates progress into a variety of different jobs, especially within sport and/or health science support and education, such as clinical scientist, performance analyst, health physiologist, exercise specialist, coach, teacher and researcher.

Sport and Exercise Science and Health and Exercise Science graduates also enter professions outside sport where their key communication, technical and numerical skills are utilised, such as technology or management consultant, data analyst, tax adviser, and other commercial roles.

The vast majority of our UK employed Sport and Exercise Science, Health and Exercise Science and Sport Management and Coaching graduates are in high skilled employment (88%). High skilled employment includes these three categories:

- Managers, directors and senior officials
- Professional occupations
- Associate professional and technical occupations

Examples of job titles for the 2020/21 cohort:

- Assistant Research Coordinator
- Business Development Executive
- Health and Wellbeing Physiologist
- Occupational Health Technician
- PE Teacher
- Sports Performance Analyst

#### **Further study**

Sport, health and exercise graduates often choose to increase their specialist knowledge in specific areas of sport and health such as physiotherapy and sports rehabilitation.

Loughborough University

Examples of institutions for the 2020/21 cohort:

• University of Bath

#### **More information**

Find out what Bath graduates from other courses do: go.bath.ac.uk/graduate-outcomes.

More information is available about how Careers supports current and prospective students, as well as graduates from Bath: <u>bath.ac.uk/careers.</u>

Source: HESA Graduate Outcomes Survey for 2020/21 leavers relating to full-time UK domiciled first-degree University of Bath graduates, 15 months after leaving university.

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