

Managing Minor Ailments:

<p>Managing Minor Ailments (12credits)</p>	<p>Developing expertise in the management of a range of minor ailments encountered in the primary care setting</p> <ul style="list-style-type: none"> • Self-Care, Allergy, Dermatology, Respiratory (LRTI), GI, Neurology, ENT, ophthalmology, paediatric, acute pain, musculo-skeletal <p>Learning Outcomes:</p> <ol style="list-style-type: none"> 1. Understand the fundamentals in the conditions that commonly present as minor ailments 2. Apply principles of basic clinical examination in the setting of minor ailments 3. Critically evaluate the role of the pharmacist and medicines counter assistant in the OTC supply process. 4. Analyse the current public policy in the management of minor illnesses. 5. Evaluate the routes of access to OTC medicines. 6. Reflect on your own practice in this therapeutic area and identify areas for improvement 	<p>-Practice-based diary demonstrating management of a range of patients</p> <p>-Critical evaluation of OTC class</p>	<p>1 workshop day (Bath, London and Dorset)</p>
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The following pages contain details of other units available as part of the Clinical Pharmacy (Community and Primary Care) Programme. Up to five units are funded for community pharmacists as part of the Pharmacy Integration fund.

Core Units:

Unit	Content	Assessment	Workshop days
Professional Skills for Medicines Optimisation (12credits) CORE for a PG Cert award	This unit introduces the programme and provides participants with a toolkit of professional and clinical skills to continue developing over the first year. Topics include: <ul style="list-style-type: none"> • Mapping personal development to the Foundation Pharmacy Framework and planning learning • Physical examination skills, interpreting lab results, communication/consultation skills, consent, motivational interviewing, medicines review, medicines reconciliation, and medicines optimisation. 	-Structured Patient Case Study (Medicines Optimisation tool, also called "MOT"); patient requiring medicines review or MUR -Reflection on Clinical Activity ("CARE"); observation of a prescriber's consultation skills -Online assessment; clinical interpretation of laboratory results -OSCE examination (end of year one)	1 Programme Induction day (Bath or London) 1 workshop day (Bath or London) 1 OSCE assessment day at the end of the first year of study
Evidence Based Pharmacy Practice (12 credits) CORE for a PG Cert award	Participants develop expertise in the identification, critical appraisal and use of a range of evidence sources to answer and solve practice-based enquires and problems.	-Medicines related question -Critical appraisal -Oral presentation	1 workshop day (Bath or London)

Managing Long Term Conditions Units:

Unit	Content	Assessment	Workshop days
Managing Long Term Conditions (MLTC) 1 (12credits)	Improving patient outcomes through medicines optimisation of a range of long term conditions, including: <ul style="list-style-type: none"> • Hypertension/AF/Stroke/CKD, AKI • Clinical/professional skills development 	-Structured Patient Case Study (MOT); patient with hypertension or atrial fibrillation -Reflection on Clinical Activity (CARE); observation of a healthcare professional conducting a review of a patient with a LTC (different to that covered in MOT) -Online assessment; CKD and AKI	1 workshop day (Bath or London)
Managing Long Term Conditions (MLTC) 2 (12credits)	Improving patient outcomes through medicines optimisation of a range of long term conditions, including: <ul style="list-style-type: none"> • ACS/STEMI&NSTEMI/ CHF/ lipid modification/PAD/ LTC associated Depression • Clinical/professional skills development 	-Structured Patient Case Study (MOT); patient with chronic heart failure -Reflection on Clinical Activity (CARE); discussion with a patient with a long term condition currently prescribed an antidepressant -Online assessment; Ischaemic Heart Disease	1 workshop day (Bath or London)
Managing Long Term Conditions (MLTC) 3 (12credits)	Improving patient outcomes through medicines optimisation of a range of long term conditions, including: <ul style="list-style-type: none"> • Asthma, COPD, T1DM, T2DM, Complications of diabetes, Obesity, Hypothyroidism • Clinical/professional skills development 	-Structured Patient Case Study (MOT); patient with asthma or COPD -Reflection on Clinical Activity (CARE); observation of a review of a patient with diabetes -Online assessment; Asthma and COPD	1 workshop day (Bath or London)

Additional Therapeutic Units:

Unit	Content	Assessment	Workshop days
The Older Person: Providing Better Care (12credits)	Improving skills in optimising care for older people, including a range of conditions encountered in the older person: <ul style="list-style-type: none"> • Dementia, Ophthalmology, Frailty and Falls, Acute confusion, OA/OP, urology, orthostatic hypotension • Consultation skills to support the older person 	-Structured Patient Case Study (MOT); patient with chronic condition(s) of older people e.g. osteoporosis, dementia, postural hypotension -Reflection on Clinical Activity (CARE); shadowing a carer/visit a memory café/attend frailty clinic -Online assessment; dementia, delirium, frailty, osteoporosis, osteoarthritis, aging eye	1 workshop day (Bath or London)
Managing Polypharmacy and Multimorbidity – Reducing Risk (12credits)	Using a range of decision making tools (including de-prescribing techniques) to review and optimise the care of complex patients, using a novel case-based approach <ul style="list-style-type: none"> • ADRs, interactions, reducing hospital admissions, risk screening, de-prescribing, transfer of care, learning disabilities. 	-Structured Patient Case Study (MOT); patient with complex polypharmacy -Reflection on Clinical Activity (CARE); observe polypharmacy/deprescribing consultation/review -Online assessment; multimorbidity/polypharmacy patient case study	1 workshop day (Bath or London)

Units without face to face workshops:

Unit	Content	Assessment	Workshop days
Pharmaceutical Public Health (12credits)	Supporting pharmacists to design and apply project-based Public Health interventions: <ul style="list-style-type: none">• Health needs assessment, Health Promotion, changing behaviours, healthy living pharmacies, obesity, sexual health, mental health, cancer, communicable disease, substance misuse, smoking cessation; cardiovascular.	-Practice-based public health project	Webinar (no workshop)
Quality Improvement (with UoB School of Management) (12credits)	Equipping pharmacists with the knowledge and skills to drive quality improvements systematically: <ul style="list-style-type: none">• Key principles, improvement approaches, tools in practice (following Institute of Health Improvement approach), production of structured, work-related report	-Work-based QI project	MOOC (no workshop)