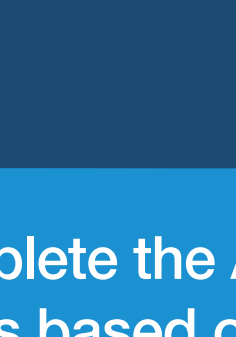


RESLIFE

A guide to completing the
Additional Requirements Form for
Accommodation at the University of Bath

Campus
Services



UNIVERSITY OF
BATH



This guide is designed to help you complete the Additional Requirements Form and enable us to understand your needs based on your condition or disability. Everyone's experience is different, even when people share the same condition and our approach is flexible and person-centred to accommodate this.

You can choose between two different formats of the form and complete the one you find easiest. The information you provide will help us make informed decisions about your room allocation and ensure you are placed in the most suitable location.



YOUR CONDITIONS AND CIRCUMSTANCES

This is the key section where you can tell us about any long term conditions or disabilities you have and how these may affect your accommodation needs. These do not need to be formally diagnosed.

Question(s)	Explained
Q. 15 - 28	These questions give you space to tell us about any long term conditions or disabilities you feel are relevant to your accommodation. You can include anything you think is important for us to know when considering what type of room or living environment will work best for you in our accommodation.
Q. 29	Don't worry if a long term condition or disability doesn't fit neatly into any of the options provided, or if you're unsure where something should go. This question is an open text box where you can include anything that hasn't already been covered, or anything you feel needs a bit more explanation.
Q. 30	Use this open-text box to describe how your long term conditions or disabilities might affect your day to day living in university accommodation. This is the most important question in this section, as it is your main opportunity to explain your needs in your own words. The purpose of this question is not to assess, question, or judge your condition. It helps us understand what you genuinely need from your accommodation. Your response plays a key role in helping us allocate you a room that is safe, manageable, and supportive of your wellbeing.

TOP TIPS

- This section is about helping us build the fullest possible picture of your circumstances and needs, so please share as much detail as you feel comfortable with. Don't worry about the length of your answer.
- There is no 'right' or 'wrong' way to complete this section. Nothing you write here can be invalid. If you're unsure whether something is relevant, it's better to include it than to leave it out. Just focus on whatever feels most relevant to you.
- You don't need to use medical or clinical language unless you want to. Simply explain things in your own words, in a way that feels natural and easy for you.

ACCOMMODATION REQUIREMENTS

Living in university accommodation can feel very different from your previous living arrangements. Many students discover challenges they hadn't anticipated simply because they didn't know what the environment would be like. This section is intended to explain some of the common reasons students may require accommodation adaptations and to help you identify what you personally might need.

Question(s)	Explained
Q. 31	<p>You may require <u>accommodation on campus</u> because:</p> <ul style="list-style-type: none"> ● You would experience significant difficulty travelling to campus or using public transport. ● You need very short, predictable travel distances to lectures, academic buildings, or essential facilities. ● You rely on close proximity to on campus support services, such as the University Medical Centre, Student Support, or Security. ● You need rapid access to medication, medical equipment, or symptom management items kept in your room. ● You need to reduce exposure to illness or infection risk associated with commuting. ● You are sensitive to heat, sunlight, or temperature changes that make outdoor travel difficult. ● You benefit from simple, familiar routes and predictable daily navigation. ● You rely on a stable and consistent living environment to manage executive functioning, anxiety, or cognitive load. <p>You may require <u>accommodation in the city</u> because:</p> <ul style="list-style-type: none"> ● Regular travel to campus is manageable, but campus living presents environmental, sensory, or accessibility challenges. ● You need to be closer to external support networks, such as medical services or community based support, or require easier access to public transport for travel outside the city. <p>You may require <u>a self-contained studio room</u> because:</p> <ul style="list-style-type: none"> ● You need to avoid cross contamination of food due to allergies or condition-related diets. ● You need to reduce exposure to illness or infection associated with shared kitchens. ● You experience sensory overload from shared spaces (noise, smells, lighting, unpredictable activity). ● You have mobility, balance, pain, or fatigue issues that make shared kitchens unsafe or difficult to use. ● You require a low stimulus, predictable environment to support regulation and wellbeing. ● You need to maintain consistent routines without disruption from other residents. <p>You may require <u>a bedroom with an ensuite</u> because:</p> <ul style="list-style-type: none"> ● You need to control cleanliness to reduce exposure to allergens, mould, or infection. ● You require frequent, urgent, or prolonged bathroom access. ● You need privacy and dignity during pain, flare ups, medical treatment, or menstrual symptoms. ● You use medical or hygiene equipment that is difficult to manage in shared spaces. ● You need space to safely use adaptations such as a shower chair. ● Shared bathrooms create accessibility barriers due to layout or distance. ● You need to maintain consistent routines without interruption from other residents. <p>You may require <u>a bedroom with a private hand wash basin</u> because:</p> <ul style="list-style-type: none"> ● Sharing of showers is manageable, but immediate washing facilities are required. <p>You may require <u>accommodation with Eat and Drink Credit</u> because:</p> <ul style="list-style-type: none"> ● Planning, preparing, and cooking meals places a high cognitive or executive functioning demand on you. ● Fluctuating energy levels or symptoms make regular meal preparation unreliable. ● Shopping for, transporting, and storing food causes physical strain or fatigue. ● Shared kitchens cause sensory overload or anxiety. ● You need consistent access to food to manage blood sugar, medication, or symptoms. ● Stress around food preparation significantly impacts your mental health or wellbeing. <p>You may require <u>a large room</u> because:</p> <ul style="list-style-type: none"> ● You experience claustrophobia or panic in smaller spaces. ● You need space for pacing, safe sleepwalking, or movement during distress. ● You require space for physiotherapy, rehabilitation equipment, or mobility aids. <p>You may require <u>a ground floor room or a room with lift access</u> because:</p> <ul style="list-style-type: none"> ● You have mobility or balance difficulties. ● Stairs increase risk of injury, fatigue, or falls. ● You sleepwalk or become disoriented at night. <p>You may require <u>a room with a small kitchen group</u> because:</p> <ul style="list-style-type: none"> ● You need to minimise exposure to illness, allergens, or high traffic shared spaces. ● Smaller groups support safer social interaction, cooking, or managing shared responsibilities. <p>You may require <u>a room with a small personal fridge</u> because:</p> <ul style="list-style-type: none"> ● You need safe storage for allergy specific food. ● You need to store medication, treatments, or nutrition that require refrigeration. ● Easy access to food is essential when fatigued, unwell, or symptomatic. <p>You may require <u>a room with a double bed</u> because:</p> <ul style="list-style-type: none"> ● Specific sleeping positions are necessary. ● You require additional space to manage pain, unpredictable movement, or mobility needs during sleep. <p>You may require <u>a wheelchair accessible room</u> because:</p> <ul style="list-style-type: none"> ● You use a wheelchair or mobility aid some or all of the time. ● You need step free access, widened doorways, or adapted bathroom facilities. <p>You may require <u>an ensuite with a shower chair</u> because:</p> <ul style="list-style-type: none"> ● You experience dizziness, fatigue, pain, or balance difficulties when standing. ● Sitting is needed to safely manage personal care. <p>You may require <u>accommodation with a motorised door opening device on external doors to the building</u> because:</p> <ul style="list-style-type: none"> ● You have limited upper body strength, grip, or dexterity. ● Manual doors present a barrier to safe, independent access. <p>You may require <u>accommodation near a disabled parking bay for blue badge holders</u> because:</p> <ul style="list-style-type: none"> ● You hold a Blue Badge and rely on close vehicle access. ● Walking long distances from parking would be unsafe or unmanageable. <p>You may require <u>accommodation with an additional room for a support worker or carer</u> because:</p> <ul style="list-style-type: none"> ● A support worker or carer needs to stay with you to assist with daily living or medical needs. <p>You may require <u>accommodation suitable for an assistance or emotional support animal</u> because:</p> <ul style="list-style-type: none"> ● An emotional support animal is essential, to your safety, independence, or managing your condition (subject to approval). <p>You may require <u>a room with a fire alarm activation aid</u> because:</p> <ul style="list-style-type: none"> ● You have a visual or hearing impairment. ● Audible alarms alone would not be sufficient to alert you. <p>You may require <u>accommodation with braille signage</u> because:</p> <ul style="list-style-type: none"> ● You have a visual impairment and rely on tactile information to navigate safely.
Q. 32	<p>Use this open-text box to tell us about anything not covered in the previous question (Question 31). You could also consider:</p> <ul style="list-style-type: none"> ● A specific floor level of room for accessibility, safety, or symptom management reasons. ● Distance from communal spaces (e.g. being further away to reduce noise and disturbance, or closer for accessibility and ease of movement). ● A non carpeted room or specific furnishing materials due to allergies, sensory sensitivities, or hygiene requirements. ● A particular type of lighting (e.g. softer lighting, adjustable lighting, or avoidance of fluorescent lights). ● Any required adjustments to services, such as waste management, cleaning arrangements, or access for routine operational checks (these are a legal requirement, so must be carried out). ● Requests related to living arrangements, such as needing to be allocated with a friend/partner for support.
Q. 33	<p>Use this open-text box to tell us about any personal or specialist equipment you will bring with you that is relevant to your long-term condition or disability. You should include equipment that:</p> <ul style="list-style-type: none"> ● Takes up additional space. ● Requires specific storage, power access, or safe placement. ● Could affect room layout, cleaning, or access. ● Is important for your safety, mobility, or daily living.

YOUR CONDITIONS AND CIRCUMSTANCES

When applying for accommodation, lifestyle options are usually treated as preferences. However, for some students, these options are not about comfort or choice - they are essential adjustments needed to manage a long term condition or disability.

Question(s)	Explained
Q. 34 - 35	<p>If a lifestyle option is essential for you to live safely, manage your health, or function day to day, you should explain why it is a need rather than a preference in question 35. This helps us understand the significance of your request.</p> <p>You may require <u>single sex accommodation</u> because:</p> <ul style="list-style-type: none"> ● You have experienced trauma and mixed sex living environments cause distress or anxiety. ● Cultural, religious, or personal safety needs require single sex living. ● Your mental health is significantly impacted by living in mixed sex accommodation. <p>You may require <u>quiet accommodation</u> because:</p> <ul style="list-style-type: none"> ● You experience noise related sensory sensitivities. ● Unpredictable or high levels of noise significantly affect your mental or physical health, sleep, or ability to regulate emotions. ● You require a low stimulus environment to focus, rest, recover, or manage fatigue and symptoms. <p>You may require <u>alcohol free accommodation</u> because:</p> <ul style="list-style-type: none"> ● Alcohol use around you negatively impacts your mental health, anxiety levels, or trauma recovery. ● You have a condition that is triggered or worsened by exposure to alcohol. ● Alcohol related smells, behaviour, or social pressure cause distress, anxiety, or sensory overload. <p>You may require <u>LGBTQ+ accommodation</u> because:</p> <ul style="list-style-type: none"> ● You have previously experienced harassment, discrimination, or hostility related to your identity. ● Living in a general allocation causes anxiety, hypervigilance, or fear of not being accepted. ● You need a living environment where you feel safe, supported, and able to be yourself without fear of judgement.

TOP TIPS

- This section is not about what you would like, but about what you need to live safely, comfortably, and independently in university accommodation.
- The examples and explanations provided are for guidance only - your circumstances do not need to match them exactly.
- If it helps to follow a structure, you may wish to explain what you find difficult, what already helps, and what you think would make your accommodation more manageable for you.

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