

# Additional Careers Support for Disabled Students

CAREERS 



## Introduction

If you are a disabled student or a student with a long-term health condition, Careers can offer you additional support throughout your degree and after graduation to help you succeed in achieving your career aims.

## Who is eligible?

Available to students with a disability, or long-term health condition including, autism, mental health, long-term chronic illness, physical or sensory, or a specific learning disability such as dyslexia.

## How does Careers help?

- We can offer advice on when to disclose a disability, and if appropriate work with the employer and the Disability Service.
- We can offer advice on what reasonable adjustments/additional support might be helpful for you in the recruitment process or workplace to help you give your best performance.
- The Careers Consultant can also work closely with your Placement Officer to support you in finding a placement.
- If you find you are struggling with your career options and career planning, we can talk these through with you and help you decide on the best options for you.
- We can help you to decide on the types of employers that you might want to apply to.
- We can help you to think about how you can develop your employability and skills.
- We can offer practice interviews to improve your confidence.

## Examples of when you might ask for this type of help:

- “Given my condition I am not sure which the best employers to apply to are, nor where to find them.”
- “I don’t feel confident about applying for a placement and I don’t know where to start.”
- “I have a disability, but I don’t know whether to share this with an employer.”
- “I would like to talk to a Consultant about how I ask for additional support from an employer.”
- “I have been struggling to fill in applications and it seems to take me far longer than anyone else.”
- “I have been diagnosed with Asperger’s/autism and would like some further help with interviews so that I am able to demonstrate my strengths and abilities.”

- “I get extremely anxious and nervous meeting new people and therefore I find the thought of interviews and assessment centres overwhelming.”
- “I am really concerned about completing psychometric tests on time.”

## How to book an appointment

We offer plus appointments to students who would benefit from additional support.

You can book these directly by either:

- [Logging on to our booking system on MyFuture](#) and looking for “disability specialist careers support”. If you have a DAP or have disclosed a disability, you will have access to these appointments.
- Emailing [careers-plus@bath.ac.uk](mailto:careers-plus@bath.ac.uk).
- Visiting Careers on campus (open 10:00 am to 4:00 pm, Monday to Friday).
- Phoning 01225 386009.
- Referral via the Disability team in Students Support.

There are two types of plus appointments:

- **20 minute Careers Appointment plus**
- **45 minute Guidance Appointment plus** (booked via a Consultant following a 20 min appointment)
- You have the option to book a face-to-face on campus or you can have a virtual one over Microsoft Teams.
- **CV and Applications Appointments** – To book one of these go to the [appointments section of MyFuture](#) and select **CV and applications support**. If you would like your Consultant to know of a disability or condition prior to the appointment or need reasonable adjustments, please email [careers-plus@bath.ac.uk](mailto:careers-plus@bath.ac.uk).

## Workshops, webinars and resources to support you

- **To disclose or not to disclose**  
This webinar runs every semester and is useful to help disabled students consider the advantages and disadvantages of disclosure, options on how and when to disclose and targeting disability-friendly employers. [A recording of the webinar is available on MyFuture Resources.](#)

## [Bath Employment Support School for Autism and Neurodiversity \(BESSA\)](#)

- This free two-day event is for autistic students and graduates (with or without diagnosis) to get support with the transition from university to work. The event is organised by the [Centre for Applied Autism Research](#) (CAAR) at the University of Bath, and [JP Morgan](#) (JPM).

### **Our Partners offering further support to you**

- In addition, the University is a partner with **My Plus** who provide additional resources and events/workshops to support disabled students into work. You can join their [student club](#).

**To book, search for these events on [MyFuture](#) . You can also search for other events too that are specifically offered to disabled students.** Further careers information and resources may be found on [MyFuture](#). Just click on Resources and search for 'Disability'.

### **Disability Service**

The Disability Careers Consultant works closely with [the Disability Service](#). They can be contacted via [disabilityadvice@bath.ac.uk](mailto:disabilityadvice@bath.ac.uk) or 01225 383838.

Careers

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If you require this information in another format, [please get in touch](#).