

Additional Careers Support for Disabled Students

CAREERS 



Introduction

If you are a disabled student or a student with a long-term health condition, Careers can offer you additional support throughout your degree and after graduation to help you succeed in achieving your career aims.

Who is eligible?

Available to students with a disability, or long-term health condition including, autism, mental health, long-term chronic illness, physical or sensory, or a specific learning disability such as dyslexia.

How does Careers help?

- We can offer advice on when to disclose a disability, and if appropriate work with the employer and the Disability Service.
- We can offer advice on what reasonable adjustments/additional support might be helpful for you in the recruitment process or workplace to help you give your best performance.
- The Careers Consultant can also work closely with your Placement Officer to support you in finding a placement.
- If you find you are struggling with your career options and career planning, we can talk these through with you and help you decide on the best options for you.
- We can help you to decide on the types of employers that you might want to apply to.
- We can help you to think about how you can develop your employability and skills.
- We can offer practice interviews to improve your confidence.

Examples of when you might ask for this type of help:

- "Given my condition I am not sure which the best employers to apply to are, nor where to find them."
- "I don't feel confident about applying for a placement and I don't know where to start."
- "I have a disability, but I don't know whether to share this with an employer."
- "I would like to talk to a Consultant about how I ask for additional support from an employer."
- "I have been struggling to fill in applications and it seems to take me far longer than anyone else."
- "I have been diagnosed with Asperger's/autism and would like some further help with interviews so that I am able to demonstrate my strengths and abilities."

- “I get extremely anxious and nervous meeting new people and therefore I find the thought of interviews and assessment centres overwhelming.”
- “I am really concerned about completing psychometric tests on time.”

How to book an appointment

We offer plus appointments to students who would benefit from additional support.

You can book these directly by either:

- [Logging on to our booking system on MyFuture](#) and looking for “disability specialist careers support”. If you have a DAP or have disclosed a disability, you will have access to these appointments.
- Emailing careers-plus@bath.ac.uk.
- Visiting Careers on campus (open 10:00 am to 4:00 pm, Monday to Friday).
- Phoning 01225 386009.
- Referral via the Disability team in Students Support.

There are two types of plus appointments:

- **20 minute Careers Appointment plus**
- **45 minute Guidance Appointment plus** (booked via a Consultant following a 20 min appointment)
- You have the option to book a face-to-face on campus or you can have a virtual one over Microsoft Teams.
- **CV and Applications Appointments** – To book one of these go to the [appointments section of MyFuture](#) and select **CV and applications support**. If you would like your Consultant to know of a disability or condition prior to the appointment or need reasonable adjustments, please email careers-plus@bath.ac.uk.

Workshops, webinars and resources to support you

- **To disclose or not to disclose**

This webinar runs every semester and is useful to help disabled students consider the advantages and disadvantages of disclosure, options on how and when to disclose and targeting disability-friendly employers. [A recording of the webinar is available on MyFuture Resources](#).

[Bath Employment Support School for Autism and Neurodiversity \(BESSA\)](#)

- This free two-day event is for autistic students and graduates (with or without diagnosis) to get support with the transition from university to work. The event is organised by the [Centre for Applied Autism Research](#) (CAAR) at the University of Bath, and [JP Morgan](#) (JPM).

Our Partners offering further support to you

- In addition, the University is a partner with **My Plus** who provide additional resources and events/workshops to support disabled students into work. You can join their [student club](#).

To book, search for these events on [MyFuture](#) . You can also search for other events too that are specifically offered to disabled students. Further careers information and resources may be found on [MyFuture](#). Just click on Resources and search for 'Disability'.

Disability Service

The Disability Careers Consultant works closely with [the Disability Service](#). They can be contacted via disabilityadvice@bath.ac.uk or 01225 383838.

Careers

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If you require this information in another format, [please get in touch](#).