

Bath Adolescent Pain – Parental Impact Questionnaire (BAP-PIQ)

Scoring Instructions

The BAP-PIQ is scored separately for all 8 subscales (depression, anxiety, child-related catastrophizing, self-blame and helplessness, partner relationship, leisure functioning, parental behaviour and parental strain). All items are endorsed by participants using a 5 point frequency response scale, ranging from 0 (never) – 4 (always).

Responses for all subscales are scored as follows:

Never	=	0
Hardly ever	=	1
Sometimes	=	2
Often	=	3
Always	=	4

The ranges for each of the 8 subscales and total score are outlined below:

Subscale	Number of items	Range
Depression	9	0-36
Anxiety	6	0-24
Child-related catastrophizing	5	0-20
Self-blame and helplessness	7	0-28
Partner relationship	7	0-28
Leisure functioning	8	0-32
Parental behaviour	11	0-44
Parental strain	9	0-36
Total	62	0-248

Whilst it is possible to calculate a total BAP-PIQ score by summing the totals of all 8 subscales, we do not believe that this is clinically useful exercise.

A higher score indicates more impaired functioning for all subscales.

BAP-PIQ items

These are listed on the following two pages.

Further information

For further information about this measure and other research conducted by the Bath Centre for Pain Research please visit our website:

www.bath.ac.uk/pain

BAP-PIQ items

Before calculating subscale totals, a number of items must be reverse scored. Items requiring reverse scoring are indicated by *R below.

Stem: In the last two weeks living with my child in pain I have:

Depression (n= 9)

1. felt sad
2. had difficulty falling asleep
3. been satisfied with my life *R
4. had little appetite
5. felt hopeless
6. had difficulty making decisions
7. made an effort with my appearance *R
8. felt worthless
9. avoided activities I usually enjoy

Anxiety (n=6)

1. not been able to get my mind off my worries
2. felt shaky
3. been able to focus my mind on things when necessary
4. felt that my mind wandered easily
5. felt anxious
6. been bothered by feelings of panic

Child related catastrophizing (n=5)

1. thought that my child's pain would get worse
2. thought that my child will have difficulty being independent in the future
3. been concerned that my child will always experience pain
4. thought that my child's pain may lead to something more serious
5. been unable to think of anything other than my child's pain

Self blame & helplessness (n=7)

1. thought that I had failed my child
2. blamed myself for my child's situation
3. felt powerless to help my child's pain
4. not been able to accept that there is no cure for my child's pain
5. felt guilty
6. believed that my child's pain is out of control
7. found it difficult to tolerate my child's suffering

Partner relationship (n = 7) * only completed if the participant has a partner

1. done fun activities with my partner *R
2. thought that my partner understood my needs *R
3. felt that my partner supported me *R
4. felt that our physical relationship was strained
5. made time to spend with my partner *R
6. discussed things with my partner *R
7. felt distant from my partner

Leisure functioning (n=8)

1. spent time with friends *R
2. had little time for socialising
3. felt supported by friends *R
4. cut back on my usual leisure activities
5. spent time talking to people *R
6. had an interest in pursuing hobbies *R
7. found it difficult to do leisure activities
8. spent time doing activities I enjoy *R

Parental behaviour (n=11)

1. helped my child to avoid pain
2. made things as easy as possible for my child
3. thought that my child should avoid activities
4. believed that my child needed my help
5. participated in an activity with my child regardless of his/her pain *R
6. suggested that my child got on with an activity *R
7. been concerned with my child's level of pain when planning activities for my child
8. suggested that my child rests
9. done whatever I could to reduce my child's pain
10. believed that my child should do activities regardless of pain *R
11. thought that it was ok for my child to have some pain when they were doing something important *R

Parental strain (n=9)

1. felt that my child was dependent on me
2. enjoyed being the parent of my child *R
3. found it difficult to be patient with my child
4. felt close to my child *R
5. shown my child affection *R
6. felt that my relationship with my child was strained
7. found that my relationship with my child difficult
8. felt loving towards my child *R
9. felt irritated by my child