



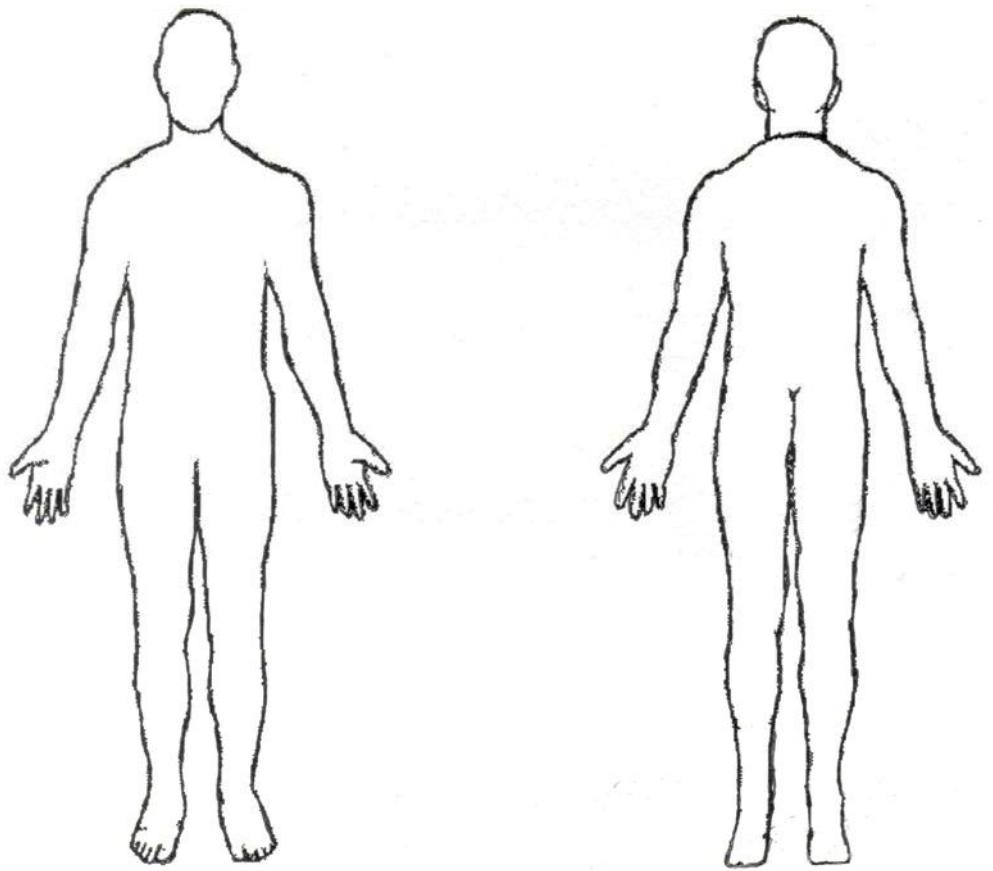
Bath Centre for Pain Research

BAPQ: Background Questionnaire

This questionnaire asks you about different ways in which pain affects your life. There are no right or wrong answers, but please try to be as accurate as you can. Please read each question carefully. Do not spend too much time on any one question. It is very important that you answer all the questions.

Please tell us about yourself

9. Please mark an 'X' on the places where you experienced pain in the **last week**



10. According to the 0-10 scale below, please write a number next to each 'X' you have drawn on the picture, to show how much each part of your body hurt over the **last week**



Please answer questions 11 and 12 according to the 0-10 scale above.

11. What was your overall level of pain over the last week?

12. What is your level of pain at the moment?

13. How did your pain start?

.....

14. Was the start (please tick) gradual or sudden

15. Has your pain changed since it first started? yes no
If yes, in what way?

.....

16. Please tell us about who lives at home with you.

Relation of person to you (e.g. mother, sister, father, half-brother)

Age (years)

17. Do other family members experience chronic pain? Yes No Don't know
(This includes immediate and extended family members)

18. If yes, please tell us who these family members are and about the type of pain they experience (e.g. arthritis, back pain)

Relation of person to you	Description of pain / diagnosis
.....
.....
.....

Please tell us about your sleeping patterns

19. Does pain disturb your sleep? Yes No

20. What time do you usually go to sleep? o'clock

21. On average, how many hours do you sleep per night? hours

22. On average, how many hours do you sleep during the day? hours

23. On average, how many hours do you rest (not sleep) during the day? hours

Please tell us about your eating habits

24. Since the onset of your pain, do you eat more, less or the same amount of food? More
 Less
 Same

25. How many proper meals do you eat per day?

26. How many snacks do you eat per day?

Thank you for taking the time to fill out this questionnaire.

If you would like to find out more about the Bath Centre for Pain Research please visit our website at:

<http://www.bath.ac.uk/pain>

