

ALLERGENS

Item No.	Item Description	Cereal Containing Gluten	Soya	Egg	Milk	Nuts	Sulphites	Mustard	Celery	Sesame	Crustaceans	Fish	Peanuts	Lupin	Molluscs	Palm Oil
SB044	Almond Croissants	Wheat (Gluten)		Yes	Yes	Almonds										Yes
9021	Apple & Blackberry Crumblejack	Wheat (Gluten), Oats				Pecans										
4070	Apple & Blackcurrant Crumblecake	Wheat (Gluten), Oats				Hazelnuts										Yes
9025	Apple & Blackcurrant Crumblejack	Wheat (Gluten), Oats				Almonds										Yes
6022	Apricot & Pistachio Frangipane			Yes	Yes	Almonds, Pistachios										
5058/57	Banana & Chocolate Loaf	Wheat (Gluten)	Yes													
5034	Banana & Chocolate Loaf	Wheat (Gluten)														
M8030	Banoffee Buns	Wheat (Gluten)	Yes		Yes											Yes
2138	Big Rock	Wheat (Gluten), Barley	Yes		Yes											Yes
M8036	Billionaire's Sticky Bun	Wheat (Gluten), Rye	Yes		Yes											Yes
Q2192	Billionaire's Shortbread	Wheat (Gluten)	Yes		Yes											
M5061	Black Forest Loaf	Wheat (Gluten)	Yes													Yes
M8032	Black Forest Sticky Bun	Wheat (Gluten), Rye	Yes													Yes
T8043	Black Olive & Sundried Tomato Scone	Wheat (Gluten)		Yes	Yes											Yes
4076	Blood Orange, Hazelnut & Thyme			Yes		Almonds, Hazelnuts										
2180	Blueberry Bakewell	Wheat (Gluten)				Almonds										Yes
2228	Blueberry Bakewell	Wheat (Gluten)				Almonds										Yes
G4006	Bramley Apple Crumblecake	Wheat (Gluten), Oats				Hazelnuts										
E8004	Breakfast Boost	Oats														
6024	Burnt Basque Cheesecake			Yes	Yes											
M8035	Cardamom Bun	Wheat (Gluten), Rye	Yes													Yes
T8042	Cheddar, Marmite & Chive Scone	Wheat (Gluten), Rye, Barley, Oats		Yes	Yes				Yes							Yes
T8041	Cheddar & Sweet Pepper Muffin	Wheat (Gluten)		Yes	Yes			Yes								
M6035	Chocolate, Beetroot & Raspberry Torte	Wheat (Gluten)	Yes	Yes	Yes	Almonds										
M8027	Chocolate & Praline Swirl	Wheat (Gluten), Rye	Yes		Yes	Hazelnuts										Yes
2203	Chocolate Orange Truffle	Oats														Yes

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6023	Chocolate, Hazelnut & Praline Torte		Yes	Yes	Yes	Almonds, Hazelnuts										
9019	Chocwork Orange	Oats			Yes											
2186	Christmas Bakewell	Wheat (Gluten), Barley				Almonds										Yes
M8024	Cinnamon Classic	Wheat (Gluten), Rye	Yes													Yes
5047	Coconut & Lime Loaf	Wheat (Gluten)		Yes	Yes											
5035	Coffee & Candied Pecan	Wheat (Gluten)	Yes			Walnuts, Pecans										Yes
9005	Dark & Fruity	Oats														Yes
4018	Dark Cherry & Marzipan (Best Before Dates up to and inc 12/07/2023)	Wheat (Gluten)	Yes			Almonds, Pistachios										
4018	Dark Cherry & Marzipan (Best Before Date of 13/07/2023 and onwards.)	Wheat (Gluten)				Almonds, Pistachios										
4094	Easter Cake	Wheat (Gluten)	Yes			Pistachios										
2100	Espresso Caramel Brownie		Yes	Yes	Yes											
4095	Ecuadorian Single Origin Brownie		Yes	Yes	Yes	Almonds										
2219	Fruit & Nut		Yes	Yes	Yes	Almonds, Pistachios, Hazelnuts, Walnuts										
4075	Giddy Figgy Traycake	Wheat (Gluten)				Hazelnuts										
2179	Hazelnut Praline Brownie					Hazelnuts										
Q2195	Honey Nut Crunch	Barley, Oats			Yes	Almonds, Hazelnuts										
4078	Honey & Bergamot Traycake	Wheat (Gluten)		Yes	Yes											
8031	Hot Cross Sticky Bun	Wheat (Gluten) Rye	Yes				Yes									Yes
4086	Hummingbird Traycake	Wheat (Gluten)		Yes	Yes	Pecans										
5037	Lemon & Blueberry Loaf	Wheat (Gluten)		Yes	Yes											
4061	Lemon Drizzle	Wheat (Gluten)		Yes	Yes		Yes									
2094	Lemon, Ginger & Turmeric	Wheat (Gluten)		Yes												
4071	Lemon, Olive Oil & Pistachio			Yes		Almonds, Pistachios										
M8033	Lemon Sticky Bun	Wheat (Gluten) Rye	Yes	Yes	Yes		Yes									Yes
6034	Lemon Tart	Wheat (Gluten)		Yes	Yes		Yes									Yes
9001	Maple Flapjack	Oats			Yes											Yes
5038	Marmalade & Earl Grey Fruit Loaf	Wheat (Gluten) Barley				Almonds	Yes									

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6029	Malted Chocolate & Stout Torte	Wheat (Gluten) Barley, Oats		Yes	Yes											
2211	Miso Caramel Fudge Brownie	Wheat (Gluten) Barley	Yes	Yes	Yes											
2191	Morello Cherry Blondie	Wheat (Gluten)	Yes	Yes	Yes											
4073	Mulled Apple CrumbleCake	Wheat (Gluten), Oats				Pecans										
2164	Oat & Raisin	Wheat (Gluten), Oats														
5053	Orange, Apricot & Turmeric	Wheat (Gluten)		Yes	Yes		Yes									
8034	Orange, Cranberry & Pistachio Buns	Wheat (Gluten), Rye	Yes			Pistachio										Yes
4069	Passionfruit Drizzle	Wheat (Gluten)		Yes	Yes		Yes									
7201	Pastel de Nata	Wheat (Gluten)	Yes	Yes	Yes											Yes
7202	Pastel de Nata - Chocolate	Wheat (Gluten)		Yes	Yes											
6028	Pear, Almond & Chocolate Torte	Wheat (Gluten)		Yes	Yes	Almonds										Yes
4072	Peach Melba	Wheat (Gluten)		Yes		Almonds										
M8026	Pecan & Salted Toffee Scroll	Wheat (Gluten), Rye	Yes		Yes	Pecans										Yes
2193	Pink Gooseberry & Gln	Wheat (Gluten)		Yes		Almonds										
8028	Pumpkin Spiced Sticky Bun	Wheat (Gluten)	Yes													Yes
4084	Queen Liz	Wheat (Gluten)		Yes	Yes											
4028	Queen Vic	Wheat (Gluten)		Yes	Yes											Yes
5059	Raspberry Ripple Loaf	Wheat (Gluten)	Yes	Yes	Yes											
2080	Raspberry Bakewell	Wheat (Gluten)		Yes	Yes	Almonds										
2222	Raspberry Bakewell			Yes	Yes	Almonds										
Q2215	Raspberry Cheesecake Brownie	Wheat (Gluten)	Yes	Yes	Yes											
2213	Rhubarb & Custard Blondie	Wheat (Gluten)	Yes	Yes	Yes											
M5050	Rhubarb & Ginger Streusel Loaf	Wheat (Gluten)		Yes	Yes											
2209	Ruby Dainty	Wheat (Gluten)	Yes	Yes	Yes	Almonds										
U2606	Rocky Reward - Individually Wrapped	Wheat (Gluten), Barley	Yes		Yes											
2162	Salted Butterscotch & Walnut	Wheat (Gluten)	Yes		Yes	Walnuts										
2065	Salted Caramel Brownie	Wheat (Gluten)		Yes	Yes											
2010	Salted Caramel Bubbles	Wheat (Gluten)			Yes											Yes

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4083	Single Origin Brownie – Brazilian		Yes	Yes	Yes	Almonds										
4048	Sir Choc-A-Lot (Best Before Dates up to and inc 25/05/2023)	Wheat (Gluten), Oats	Yes													Yes
4048	Sir Choc-A-Lot (Best Before Date of 26/05/2023 and onwards)	Wheat (Gluten)	Yes													
5051	Simnel Loaf	Wheat (Gluten), Barley				Almonds, Pistachios										Yes
5048	Smashing Pumpkin Loafcake	Wheat (Gluten)														Yes
6027	Sticky Maple Pecan Pie	Wheat (Gluten)	Yes			Hazelnuts, Pecans										Yes
4087	Sticky Toffee Biscoff Traycake	Wheat (Gluten)	Yes													Yes
5060	Sticky Ginger Loaf	Wheat (Gluten),	Yes	Yes	Yes											Yes
2043	Super Dark Brownie (Best Before Dates up to and inc 20/02/2023)	Wheat (Gluten)	Yes													
2043	Super Dark Brownie (Best Before Date of 21/02/2023 and onwards)	Wheat (Gluten)														
2190	Super Granola (Best Before Dates up to and inc 06/02/2023)	Barley, Oats			Yes	Brazil Nuts, Almonds, Cashews, Walnuts, Hazelnuts, Pecans	Yes									
9024	Super Granola (Best Before Date of 07/02/2023 and onwards)	Oats				Almonds, Hazelnuts	Yes									Yes
T8040	Sweet Onion & Cheddar Muffins	Wheat (Gluten)		Yes	Yes		Yes	Yes								
2133	The Fix	Oats				Almonds, Pistachios	Yes									
5036	The Passion Loaf	Wheat (Gluten)				Walnuts										
5039	The Persian Love Loaf			Yes		Almonds, Pistachios										
9013	Toasted Coconut & Dark Chocolate	Oats														Yes
2197	Toffee Crispy	Wheat (Gluten), Barley, WW	Yes		Yes											
2161	Triple Chocolate	Wheat (Gluten), Barley, Malt	Yes		Yes											
2082	Ultimate Almond Brownie			Yes		Almonds										
2001	Ultimate Brownie	Wheat (Gluten)	Yes	Yes	Yes											
4065	Ultimate Carrot	Wheat (Gluten)	Yes			Hazelnuts, Walnuts										Yes
2204	Winter Bakewell	Wheat (Gluten), Barley				Almonds	Yes									Yes
5049	Winter Spiced Fruit Loaf	Wheat (Gluten)	Yes	Yes	Yes		Yes									
5056	Yuzu, Lemon & Poppy Seed Loaf	Wheat (Gluten)		Yes	Yes		Yes									

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