

MRes Health, Wellbeing and Society (THHL-AFM30)

Course and Award Details

Course title	MRes Health, Wellbeing and Society
Route(s)	MRes Health, Wellbeing and Society
Awarding body	University of Bath
Award	Masters Degree not mainly by Research
Award name	Masters - Postgraduate Taught
Course mode of delivery	Full time
Course length	1 years
Entry point	September 2024
Main location of study	University of Bath, Main Campus, Claverton Down
Course-owning school/department	Health

Course Description

Course Summary	Build in-depth skills in the advanced research techniques needed to gain effective insights from data. You'll focus on societies' health and wellbeing.
Course Description	<p>With a core focus on the in-depth methods and approaches to quantitative and qualitative research, this course will help you gain the essential skills to progress your studies or become a working researcher in the field of societal health and wellbeing.</p> <p>Throughout this course you will study topics like:</p> <ul style="list-style-type: none">- the social science underpinning the development of effective interventions, strategies, and policies aimed at sustainable improvements in health and wellbeing, and reducing physical and psychological health inequalities- the interdisciplinary links between social, biological and environmental factors and individual health behaviours, choices, and outcomes- contemporary issues related to modifiable disease risk behaviours, and the determinants and correlates of these lifestyle behaviours across the lifespan- the skills and processes required to translate scientific research into practical health and well-being applications <p>You'll enhance your understanding of the techniques used in the analysis of large-scale data and how to effectively present key insights and findings.</p> <p>This course is designed to provide high-quality training to potential doctoral students, as well as essential research skills that are desirable in a number of private and public sector roles.</p> <p>>South West Doctoral Training Partnership</p> <p>>This MRes is recognised by the Economic & Social Research Council (ESRC) (https://esrc.ukri.org), specifically, as part of the larger South West Doctoral Training Partnership (SWDTP)(https://www.swdtp.ac.uk). It can be taken as a course in its own right, or if you hold an SWDTP studentship(https://www.swdtp.ac.uk/prospective-students-and-fellows/esrc-funded-studentships/) you can take the 1+3 (MRes + PhD)</p>

pathway.

>If you wish to be considered for a 1+3 SWDTP studentship, then you must apply for your preferred PhD route and not the stand-alone MRes. You should follow our how to apply(/guides/how-to-apply-for-doctoral-study) guidelines.

>For those holding a 1+3 SWDTP studentship, progression from the MRes to the MPhil or PhD stage is dependent on an acceptable level of achievement.

>Read more about other funding that you may be eligible for(/campaigns/find-funding-for-doctoral-research/).

Learn from experts in their field

You'll learn from experts in health, wellbeing and society research. Their passion, knowledge and research shape their teaching to enhance your learning experience.

Gain important career skills

We work to provide you with the tools and support to prepare you for employment and further study.

This includes advanced quantitative and qualitative research skills, and bibliographic skills; and the use of appropriate technology to undertake tasks that use these skills.

Graduate prospects

There is increasing demand for high-level quantitative and qualitative research skills from a wide range of private and public sector recruiters.

Many firms and government departments are now committed to data-driven decision-making, making use of the increased availability of big data.

This course will equip you with a hybrid skill set that combines quantitative, computing and analytical skills with an understanding of health and wellbeing research and enquiry.

This MRes also equips you to go into further study at PhD level.

Contact hours

You are expected to spend approximately 35 hours per week studying, with around 8-10 of those hours being structured classes.

This will be made up of a combination of lectures and seminars.

Delivery methods

The following list provides an indication of some of the learning and teaching methods used on the course:

- Lectures
- Seminars

Assessment summary

You will experience a range of different forms of assessment designed to support your professional development. This will include coursework, project work, examinations, and a dissertation.

We can make reasonable adjustments to assessment procedures for students with disabilities. Take a look at our Disability Service's pages(/professional-services/disability-service/) for information.

Assessment methods

The following list provides an indication of some of the assessment methods used on the course:

- Dissertation
- Examinations
- Project output (other than dissertation or report)
- Coursework

Budgeting statement

You will need to budget at least £100 for the cost of photocopying, printing and binding. You will also need to budget for the cost of textbooks. Some courses involve visits away from campus and you may be required to pay some or all of the costs of travel, accommodation and food and drink. If you're on a placement, you're

responsible for your own travel, accommodation and living costs. You should also consider the financial implications if you go on an unpaid or overseas placement.

Course Assessment Regulations

Applicable Assessment Regulations	Postgraduate Taught Assessment Regulations - https://www.bath.ac.uk/publications/postgraduate-taught-assessment-regulations/
Exemptions from Regulations	Not specified
Course Progression Requirements	Not specified

Course Structure

Year 1

Period of study	Module code	Module title	Module status	Level	Credits	Option choice rules
AY	HL00000	Academic integrity training & test	Extra	Foundation (FHEQ level 3)	0	
AY	HS52009	Dissertation	Part 4 Project/Diss Designated Essential Unit	Masters UG & PG (FHEQ level 7)	40	
AY	HS52015	Principles of social sciences research	Part 4 Taught Compulsory	Masters UG & PG (FHEQ level 7)	10	
S1	HS52008	Digital methods and data skills for MRes	Part 4 Taught Compulsory	Masters UG & PG (FHEQ level 7)	5	
S1	HS52016	Introduction to quantitative and qualitative research methods	Part 4 Taught Compulsory	Masters UG & PG (FHEQ level 7)	10	
S1	HS52006	Contemporary debates in lifestyle behaviours and public health	Part 4 Taught Designated Essential Unit	Masters UG & PG (FHEQ level 7)	5	
S2	HS52002	Advanced qualitative methods	Part 4 Taught Compulsory	Masters UG & PG (FHEQ level 7)	5	
S2	HS52003	Advanced quantitative methods	Part 4 Taught Compulsory	Masters UG & PG (FHEQ level 7)	5	
S2	MRes HWB&S FT S2 options					Select 2 modules from this group in this period
	HL52035	Exercise behaviour change for population health	Part 4 Taught Optional	Masters UG & PG (FHEQ level 7)	5	
	HS52010	Independent research essay	Part 4 Taught Optional	Masters UG & PG (FHEQ level 7)	5	
	SP52115	Research for policy: concepts, methods and values	Part 4 Taught Optional	Masters UG & PG (FHEQ level 7)	5	
Additional rules for module selection						

None

Year 2

No units found

The availability of optional units is subject to constraints such as staff availability, minimum and maximum group sizes, and timetabling factors, as well as a student's ability to meet any pre-requisite rules.

Learning Outcomes

By the end of the course, you will be able to

	Knowledge and Understanding	Intellectual Skills	Professional and Transferable Skills	Placement	Study Year Abroad
Critically appraise the social science underpinning the development of effective interventions, strategies, and policies aimed at (i) sustainable improvements in health, well-being and society (ii) reducing physical and psychological health inequalities	✓				
Have an interdisciplinary understanding of the links between social, biological and environmental factors and individual behaviours, choices, and outcomes	✓				
Critically evaluate contemporary issues related to modifiable disease risk behaviours, and the determinants and correlates of these lifestyle behaviours across the lifespan	✓	✓			
Understand the interdisciplinary skills and processes required to translate scientific research into practical health and well-being applications	✓	✓	✓		
Be able to apply an interdisciplinary	✓	✓			

understanding and methodology to real-world health and well-being issues			
Appraise broader social, political and economic context in which research on health and well-being is conducted and applied in national and international policy making process	✓	✓	✓
Interpret contemporary approaches used in health and well-being research as they relate to research design, statistical analysis, and outcome variables/behaviour		✓	✓
Critically appraise competencies and processes in planning, designing, implementing and evaluating interventions and strategies targeted at improving lifestyle-related health behaviours		✓	✓
Develop practical competencies in the planning, designing, implementing and evaluating of interventions aimed at improving health and well-being			✓
Critically reflect on the link between theory and practice; and between research and professional knowledge in health and well-being contexts			✓
Assess the relevance and benefits associated with engaging with a range of public health stakeholders			✓
Develop skills in applying and using research to inform professional knowledge and practice in health and well-being contexts			✓

Designated Alternative Courses (DAC) and exit awards

Exit awards:

Postgraduate Certificate or Postgraduate Diploma.

For further information see <https://www.bath.ac.uk/publications/postgraduate-taught-assessment-regulations/>

For information on possible named exit awards, please contact your Director of Studies

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