

Relational Wellbeing and Social Prescribing

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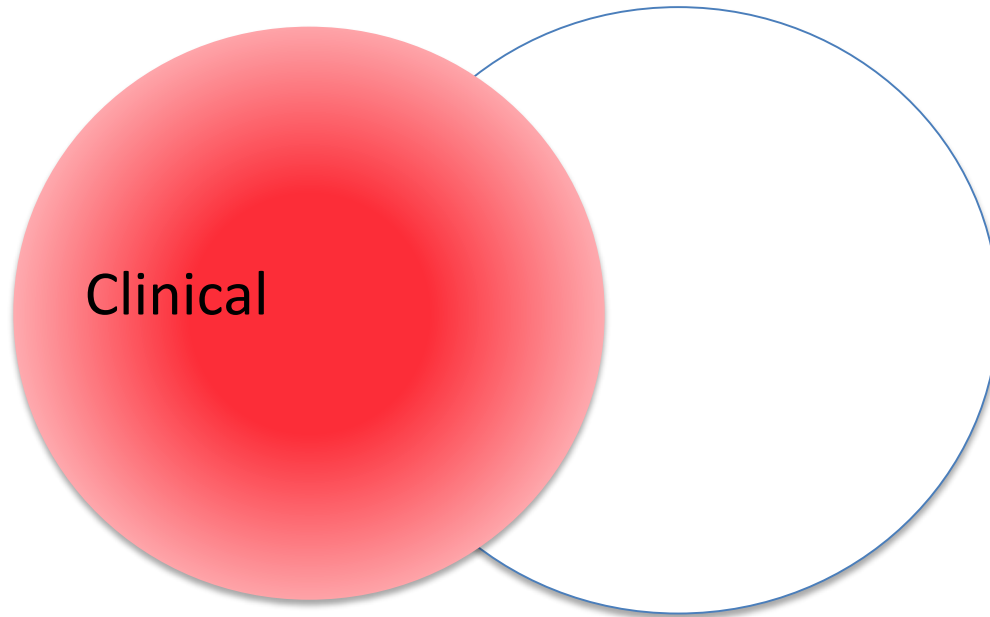
Wellbeing in Zambia and India 1

- Having enough
-*to care*
-*to share*

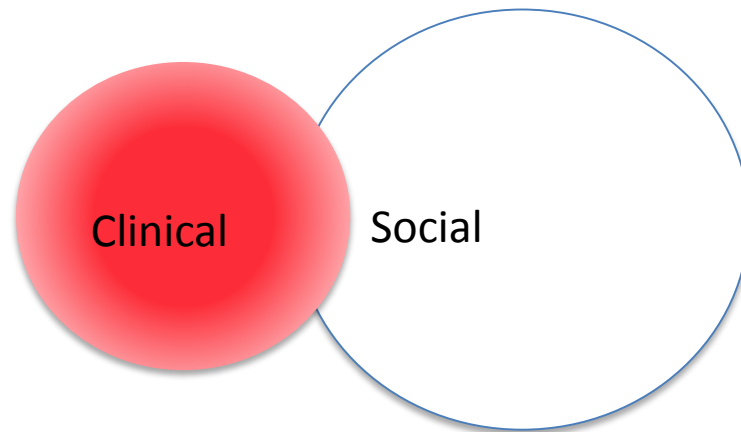
Wellbeing in Zambia and India 2

- Material-relational-subjective
- Moral
-(how things should be, not how they necessarily are)

Social Prescribing – the promise



Social Prescribing – the danger



A Relational Perspective

- If harms are social/relational, so must the remedies be:
 - *How* is support given?
 - Build *community* through intervention
 - Attend to underlying factors – *policy and politics*

A UK example:

- Hilary Cottam 'Relational welfare'

https://www.ted.com/talks/hilary_cottam_social_services_are_broken_how_we_can_fix_them

Implications for Evaluation

- Participatory monitoring
 - Individual level
 - Programme as a whole

Matrix for Evaluation

	Material	Relational
Objective	Practical support provided	Range/quality of contacts extended
Subjective	Satisfaction with benefit gained	Sense of connectedness

Thank you!