

# Great feedback

Facilitator: Debra Parsons

# Domestics and Introductions



Introduce  
yourself to  
colleagues

What would  
you like to  
learn today?

# Learning Outcomes

By the end of this session, you will be able to:

- Describe the value of giving and receiving feedback
- Describe what great feedback looks like and deliver feedback using an effective tool
- Choose how to give feedback according to the individual, the situation and the desired outcome

# Working together

Interactive

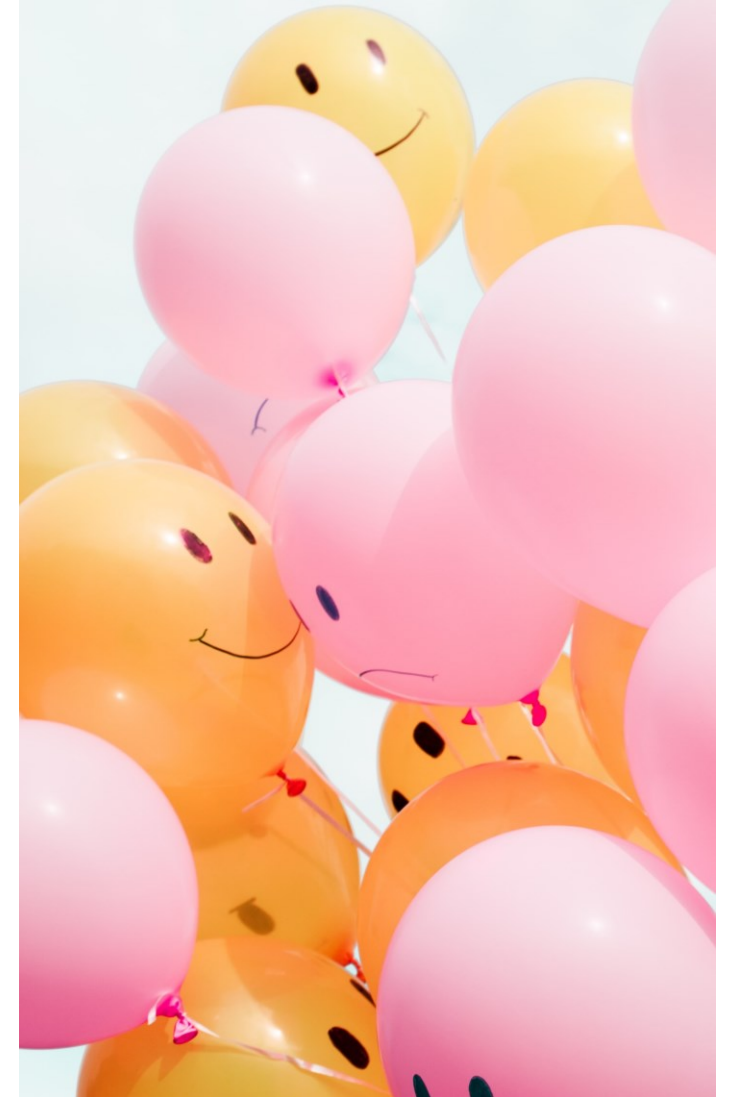
Safe space

Breaks

Feedback

# What is feedback?

Feedback is information about a person's behaviour or performance which is used as a basis for improvement or change.



# Why give feedback?

## Constructive feedback

- increases motivation
- improves employee engagement
- improves performance
- creates learning opportunities
- improves relationships
- increases confidence



# Why do we avoid giving feedback?

- Fear of threatening social connections
- Avoiding feelings of criticism and rejection
- Emotions
- Reactions
- A 'caring avoidance' mindset
- Wanting to be liked





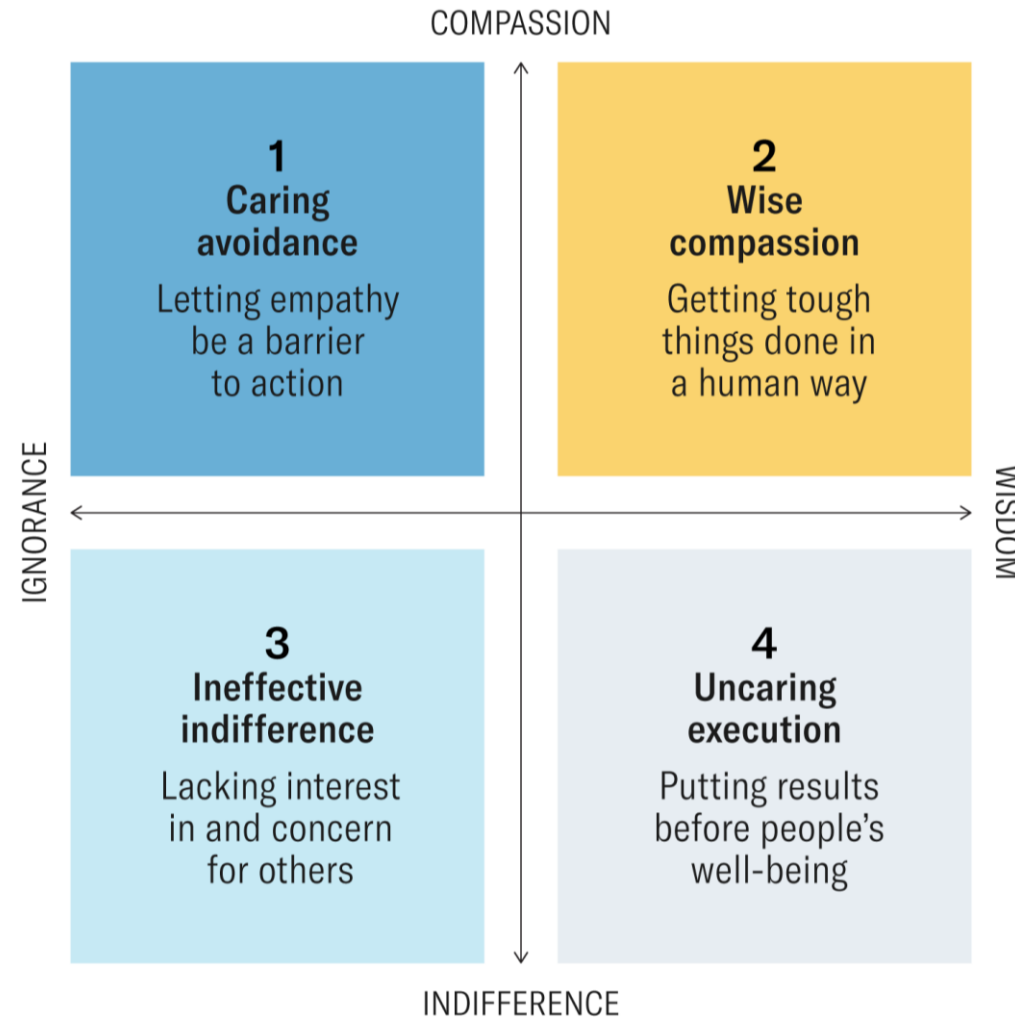
# Giving praise and building confidence

- **SIPP model**
- Sincere: be honest, genuine and open
- Incident-based: discuss a specific incident or incidents
- Positive: only give praise; avoid all negative comments
- Personal: look the person in the eye and address them personally





# The Wise Compassion Matrix



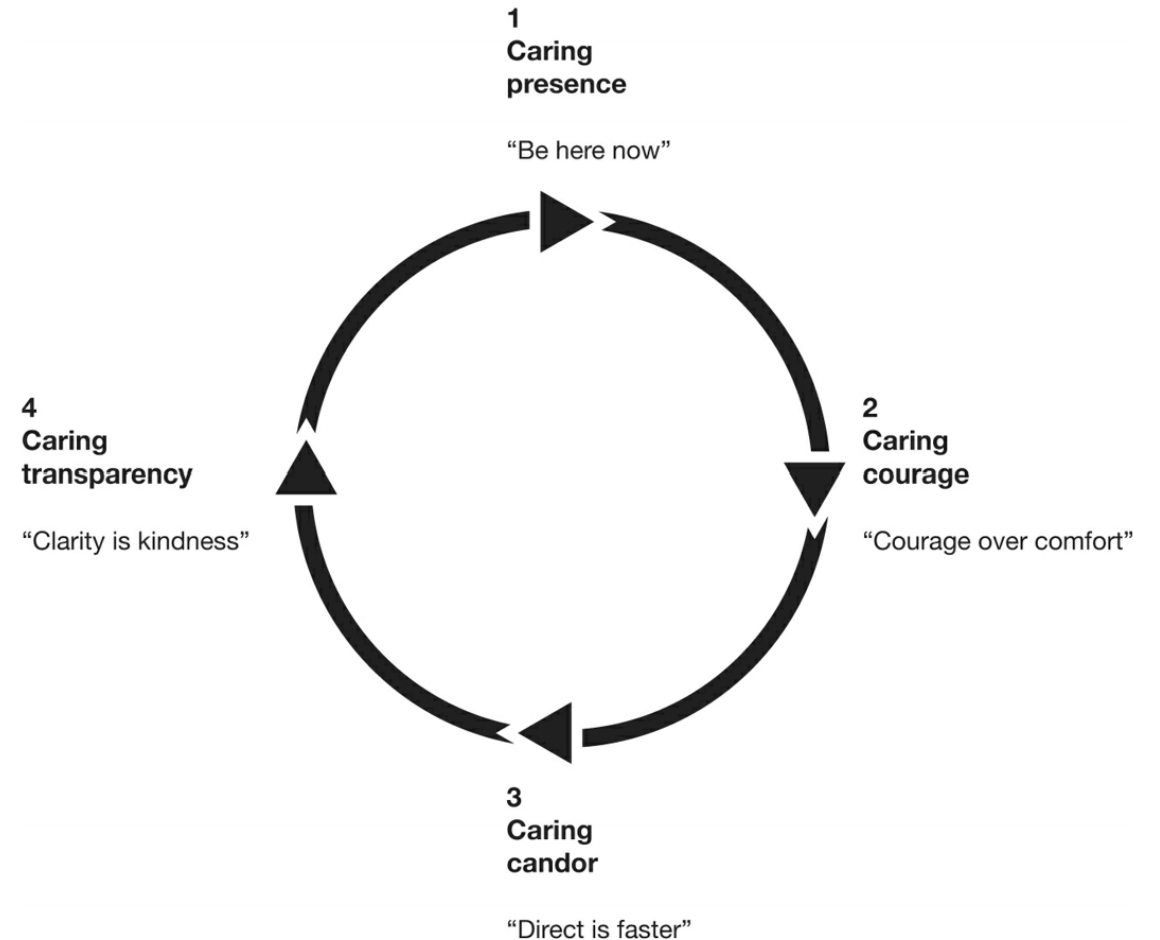
# The Wise Compassion Flywheel

Caring presence: to be here now, with the person you are with.

Caring courage: to choose courage over comfort.

Caring candour: because direct is faster.

Caring caring transparency: remembering that clarity is kindness.



# Who to give feedback to?

- Staff in line management structure
  - Peers and colleagues
  - External providers / partners
  - Upward feedback
- 
- Who else in your area of work?

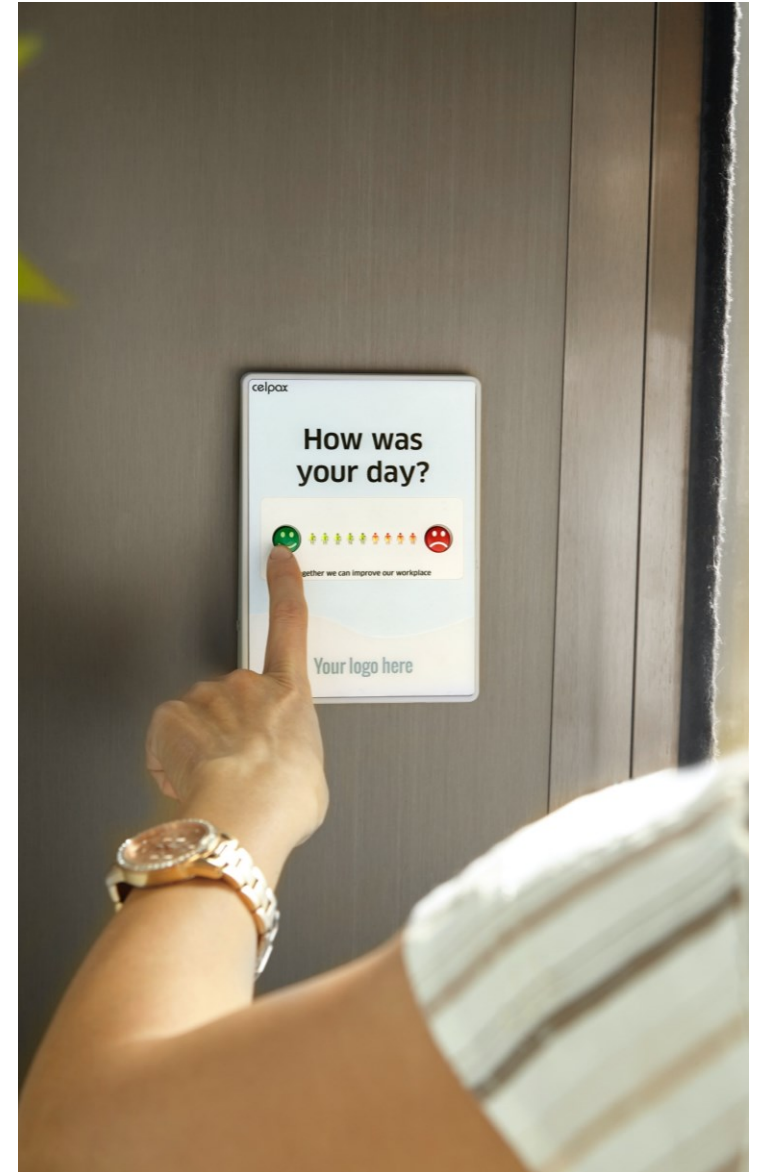


Photo by [Celpax](#) on [Unsplash](#)

# When to give feedback?

- Frequency -v- **quality**
- Timely



# Where to give feedback?

- Feedback should be context-led:
  - What is the context?
  - What stakes are at play?
  - Casual or formal? In-person or remote?
  - Which location?



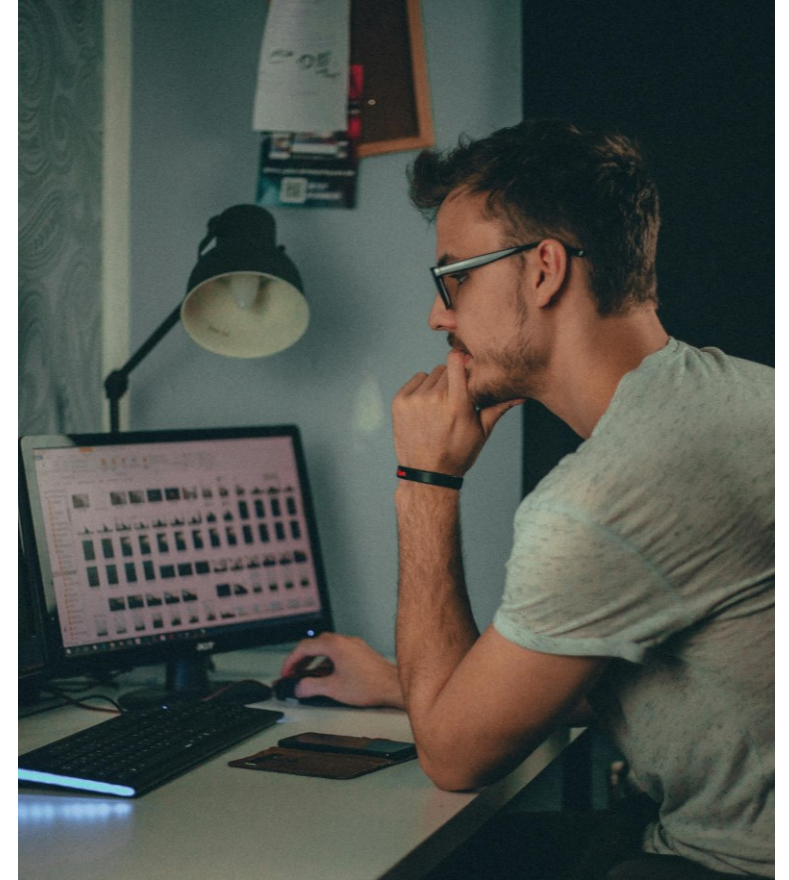
# Activity: What would help you accept feedback?





# The feedback process - preparation

- Ensure feedback is fair – can you explain how it was gathered? Is it based on defined standards or subjective?
- Make the feedback specific and actionable
- Check your biases – halos and horns!
- Use neutral, non-judgemental language





# The feedback process - preparation

- Be positive where possible, even for poor performers – take a strengths-based approach
- Frame negative feedback to be easy to take on board – use sparingly and consider task context
- Consider the individual – how does feedback need to be delivered to be most effective?
- Consider how you best engage this employee in a two-way conversation to discuss the feedback

# CEDAR model

**A tool to engage people in**

**C**ontext: explain the importance and impact of the feedback

**E**xamples: illustrate with specifics

**D**agnosis: ask for input and discuss why it went well or badly

**A**ctions: ask for suggestions as to how they can improve next time

**R**eview: agree a date to review

# Skills practice Trios

- Preparation (*5 mins*)
- Skills practice (*7-10 mins*)
- Observation & feedback (*2 mins*)
- *Rotate roles & repeat*
- Group discussion (*5 mins*)



Approx 40 mins.

# Feedback skills practice

## Scenario I

**Context:** A colleague from another department is collaborating on a research project with your team, but there are issues with meeting deadlines and communication.

**Objective:** Provide feedback on the collaboration process, addressing the importance of clear communication and setting realistic deadlines.



# Feedback skills practice

## Scenario II

**Context:** Two team members are part of a cross-functional team working on a university-wide initiative, and there are concerns about the contribution of one team member.

**Objective:** Provide feedback on specific instances where contributions could be improved and encourage open communication within the team.



# The feedback skills practice

## Scenario III

**Context:** A manager in your team is leading a committee to make a departmental decision, and feedback indicates that some voices, particularly from diverse backgrounds, feel unheard.

**Objective:** Provide feedback on facilitating inclusive discussions, emphasising the importance of active listening and ensuring all voices are considered.



# Feedback skills practice

## Scenario IV

**Context:** A team leader notices a decline in the performance of a staff member who is facing personal challenges, affecting their work.

**Objective:** Provide constructive feedback on the observed performance issues while demonstrating empathy and discussing support mechanisms available within the institution.





# Practice session key takeaways





# | Thank you

[staffdev@bath.ac.uk](mailto:staffdev@bath.ac.uk)