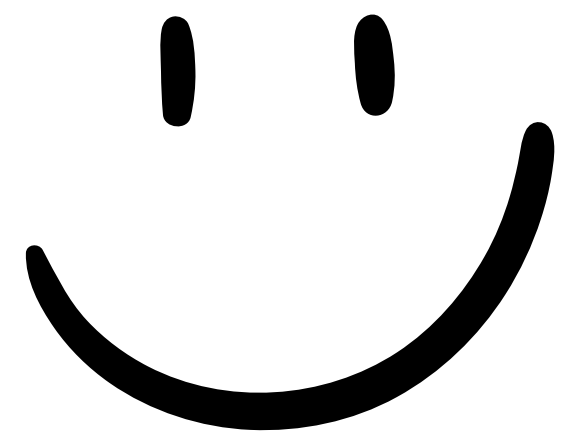


**For all the times you felt like you weren't enough. I want to reassure you that you are more than enough.**

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**To be heard and felt is all anyone ever wants. Know that you are never alone and the world is filled with hearts full of you.**

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**Keep your face to the sunshine, and you cannot see the shadow.**

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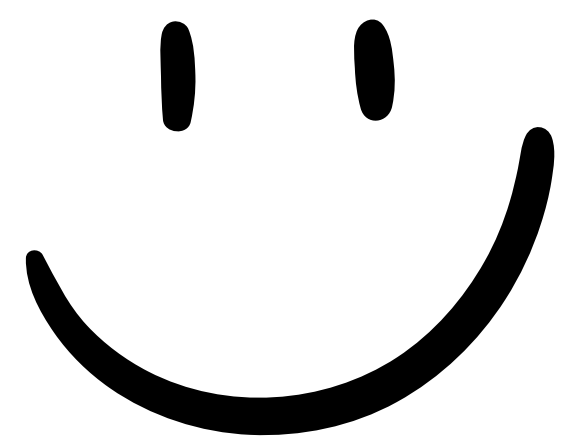
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**There is no path to happiness, happiness is the path.**

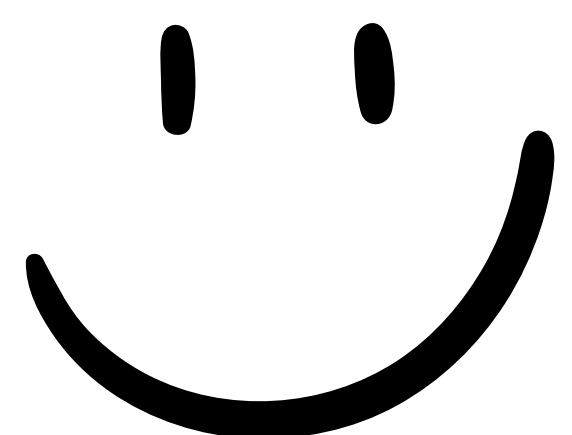
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**Happiness is letting go of what you think your life is supposed to look like and celebrating it for everything that it is.**

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**Don't wait for everything to be perfect before you decide to enjoy your life.**

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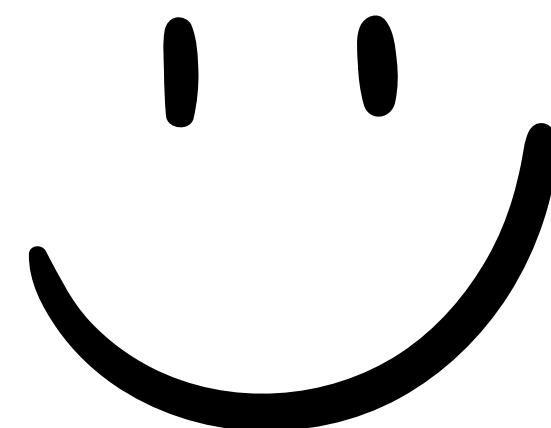
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**Whatever you hope is coming your way is coming. Be patient.**

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**Have the best day ever, good things are coming your way.**

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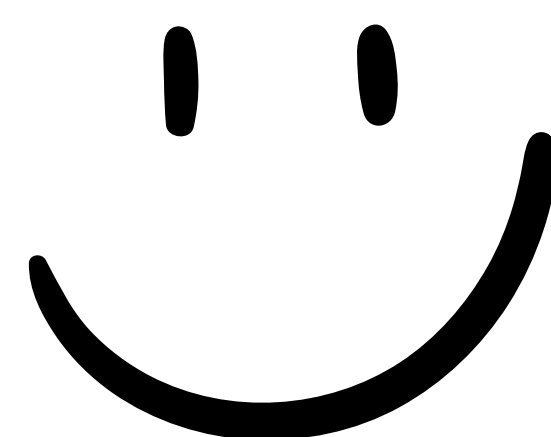
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**When you have a dream, you've got to grab it and never let it go.**

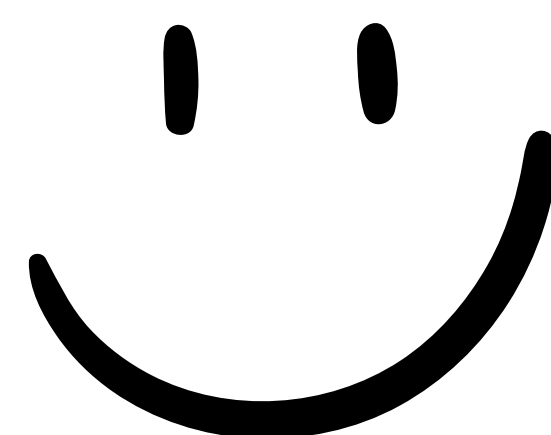
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**If you have love and you have hope, you have everything. Never let those two things go.**

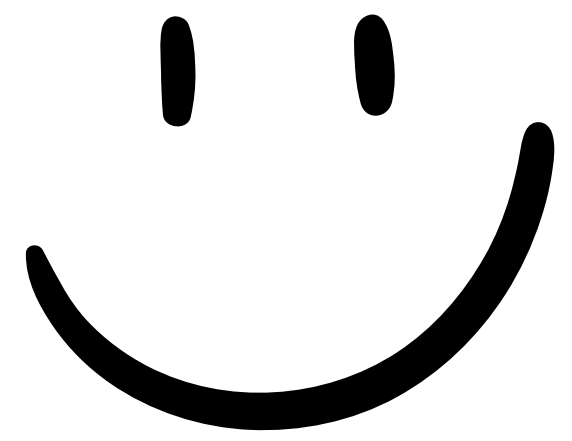
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# **I am so proud of you.**

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# **A little progress each day adds up to big results.**

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# **I hope something good happens to you today.**

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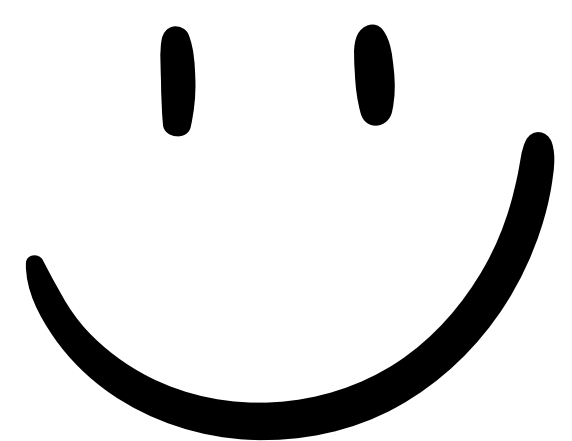
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# **Remember this, that very little is needed to make a happy life.**

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# **The moments of happiness we enjoy take us by surprise. It is not that we seize them, but that they seize us.**

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