

Quality Rating Scale – Scoring Sheet

Rater: _____

Author/Year: _____

Title: _____

TREATMENT QUALITY

Please circle the appropriate score

Item #	Question	Item	Response
1	Has a clear rationale for the treatment been given and an adequate description of its content?	Treatment content / setting	0 1 2
2	Has the total treatment duration been reported? If so: No. sessions _____ Duration _____ Total (hrs) _____	Treatment duration	0 1
3 2 parts	Is there a treatment manual that describes the active components of treatment?	Manualisation	0 1 2
		Adherence to manual	0 1
4	Have the therapists been appropriately trained in the relevant procedures for this trial?	Therapist training	0 1 2
5	Is there evidence that the patients have actively engaged in the treatment?	Patient engagement	0 1

Total score for section: _____

QUALITY OF STUDY DESIGN AND METHODS

Please circle the appropriate score.

Item #	Question	Item	Response
1 2 parts	Are the inclusion and exclusion criteria clearly specified?	Sample criteria	0 1
		Evidence criteria met	0 1
2 2 parts	Is there evidence that CONSORT guidelines for reporting attrition have been followed?	Attrition	0 1 2
		Rates of attrition	0 1
3 2 parts	Is there a good description of the sample in the trial?	Sample characteristics	0 1
		Group equivalence	0 1
4 4 parts	Have adequate steps been taken to minimise biases?	Randomisation	0 1 2
		Allocation Bias	0 1
		Measurement Bias	0 1
		Treatment expectations	0 1
5 3 parts	Are the outcomes that have been chosen justified, valid and reliable?	Justification of outcomes	0 1 2
		Validity of outcomes for context	0 1 2
		Reliability and sensitivity to change	0 1 2
6	Has there been a measure of any sustainable change between the treatment and control groups?	Follow up	0 1
7 5 parts	Are the statistical analyses adequate for the trial?	Power calculation	0 1
		Sufficient sample size	0 1
		Planned data analysis	0 1
		Statistics reporting	0 1
		Intention to treat analysis	0 1
8	Has a good, well-matched alternative treatment group been used?	Control Group	0 1 2

Total score for section: _____

Total Score: _____

Comments: