
REGENERATION, COLLABORATION, TRANSFORMATION ...AND OTHER 'TION' WORDS

Taghried Abdel-magid

Lecturer in Regenerative Design

Department of Architecture and Civil Engineering

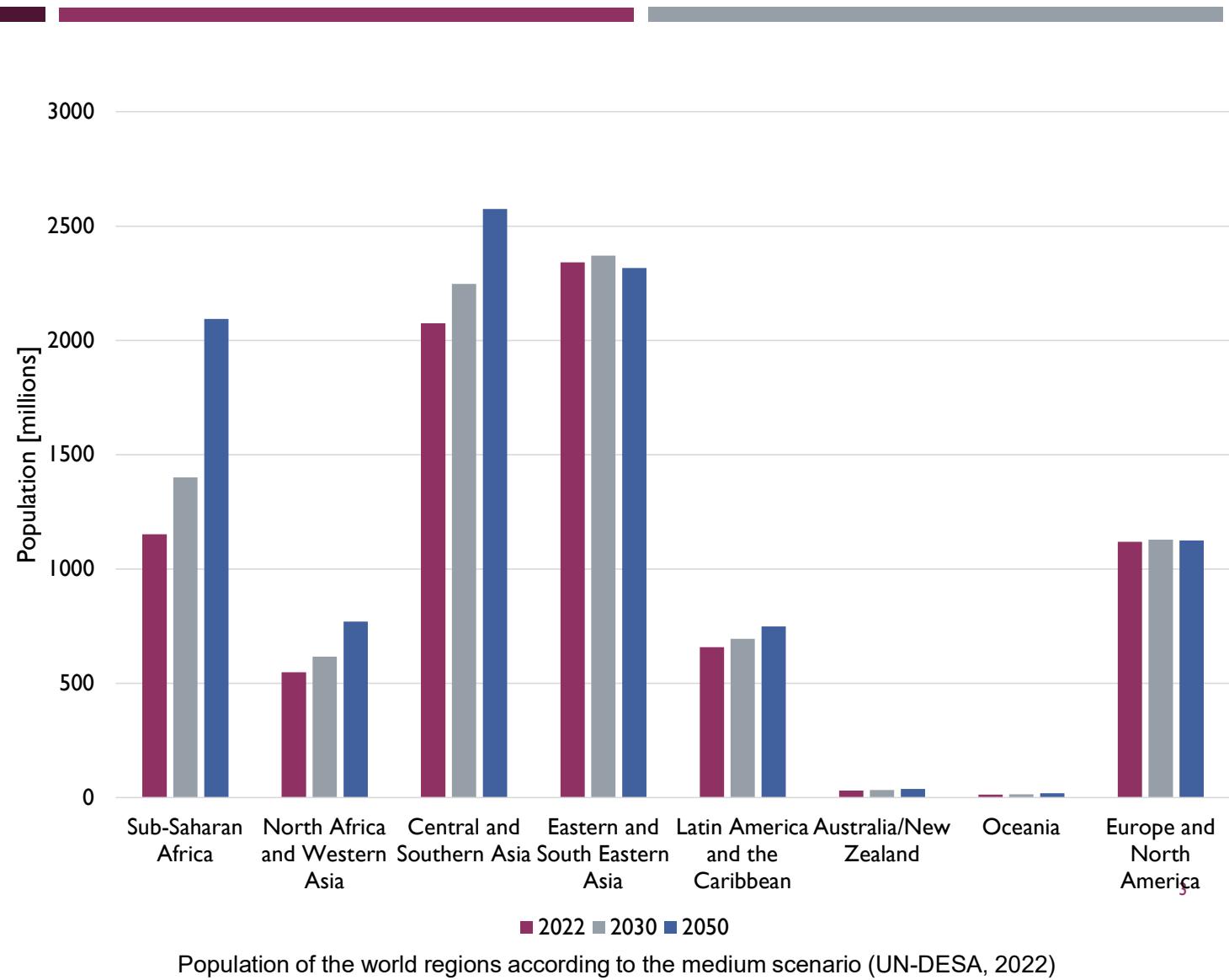


Centre for Regenerative Design
& Engineering for a Net Positive
World (RENEW)

~40% of the world's population lives in the least developed countries (LDCs)

8 LDCs will contribute to half of the population increase by 2050 (UN-DESA, 2022).

20% of the world population currently lives in slums and inadequate housing (UN-Habitat, 2022).



Why



How



Materials

- Sorghum
- Groundnut
- Corn



Forms

- Stalk/Husk
- Fibres
- Ashes



Construction Materials

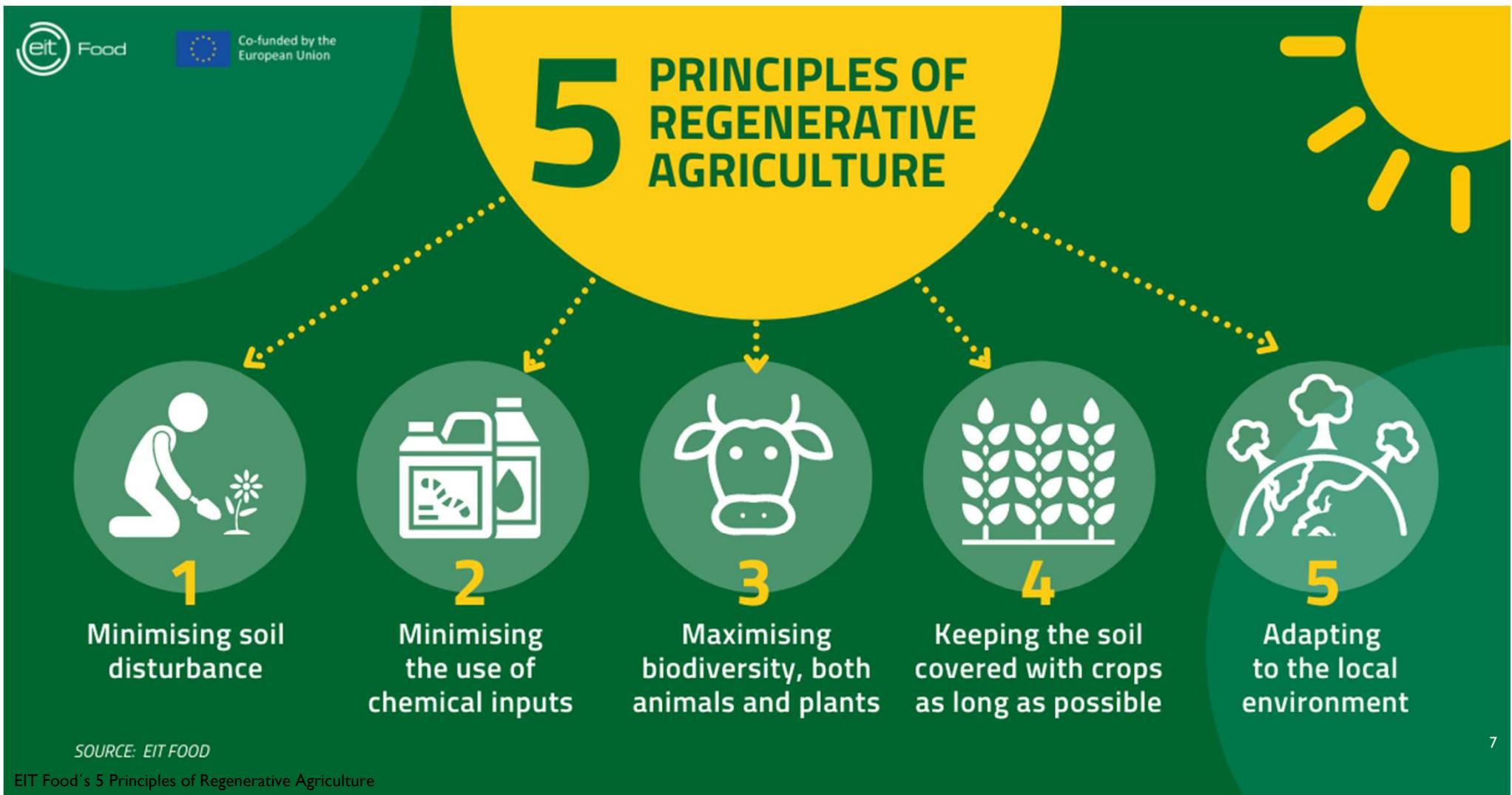
- Pressed earth bricks
- Cement mortars
- Pozzolanic materials



REGENERATIVE? WHERE TO START?!

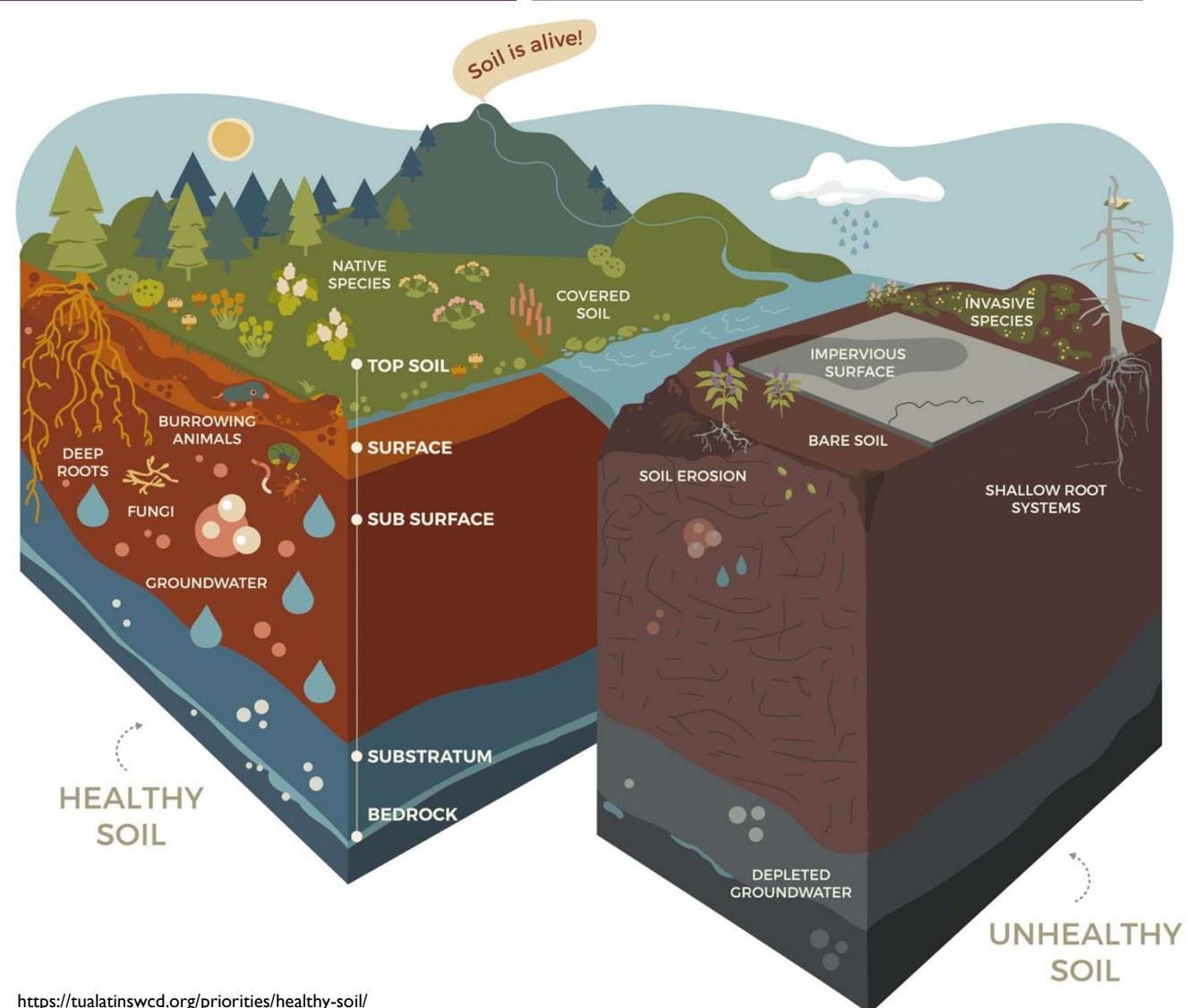
Learn from living systems

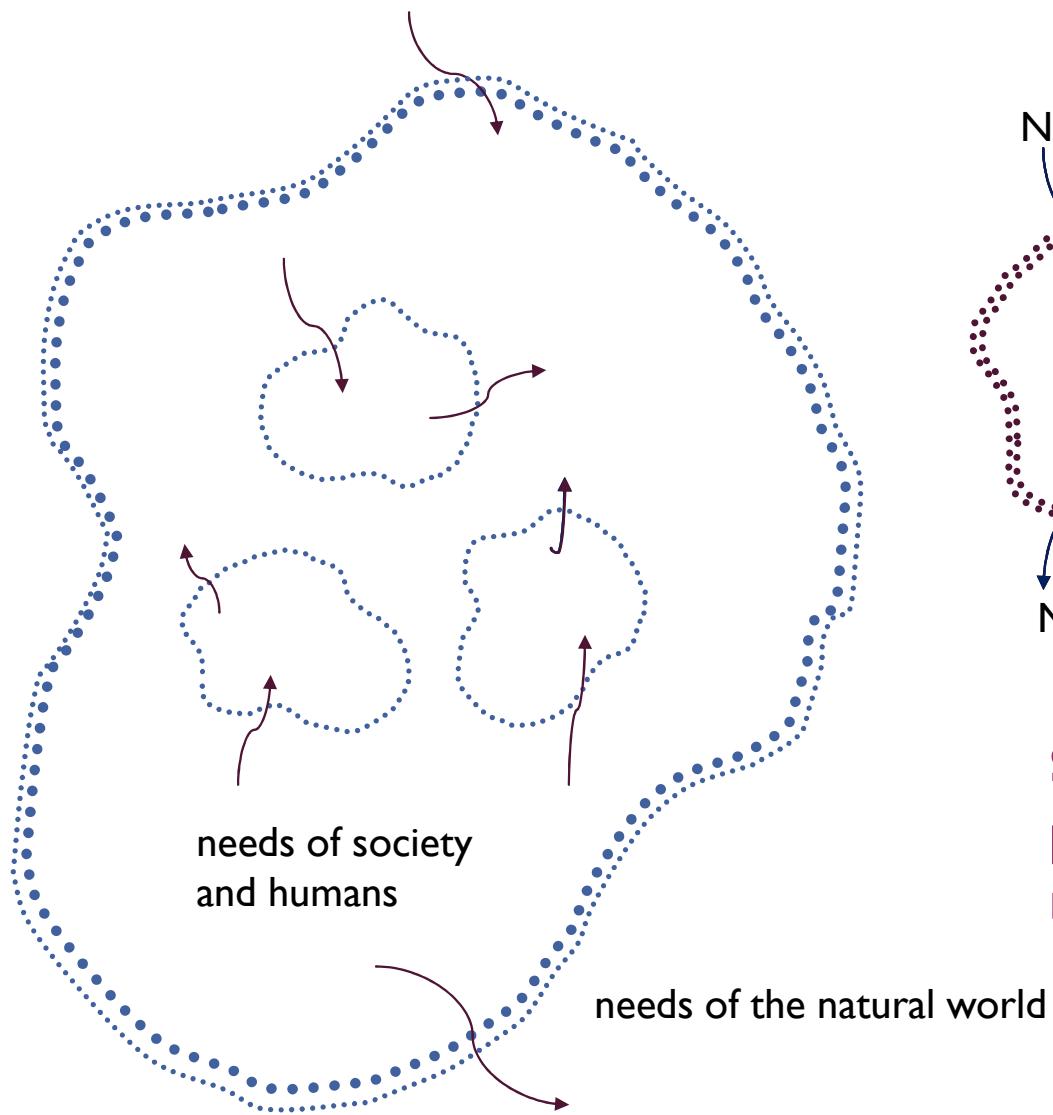
- Connected
- Renewable resources
- Adaptive





EIT Food's 5 Principles of Regenerative Agriculture



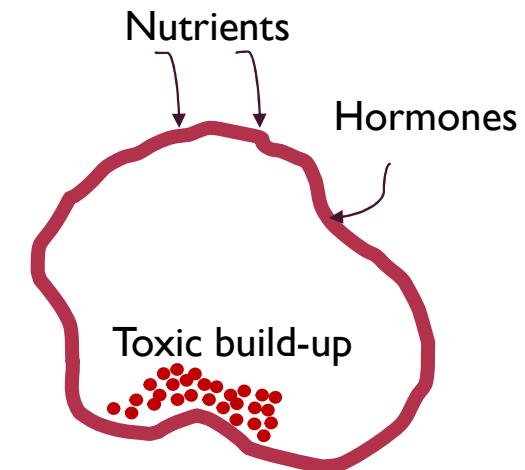


Nutrients

Hormones

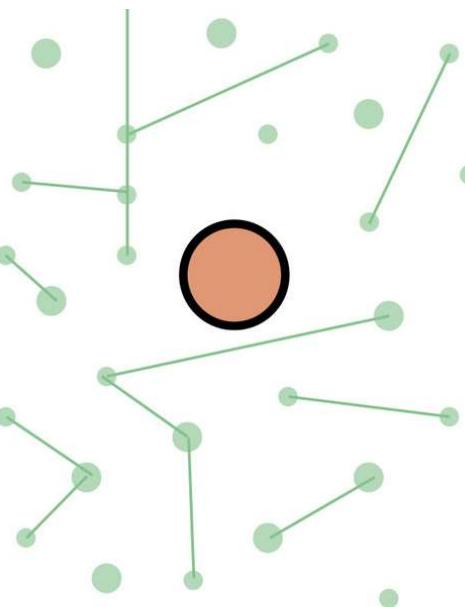
Metabolic flow

Healthy cell
Soft and
permeable
membrane



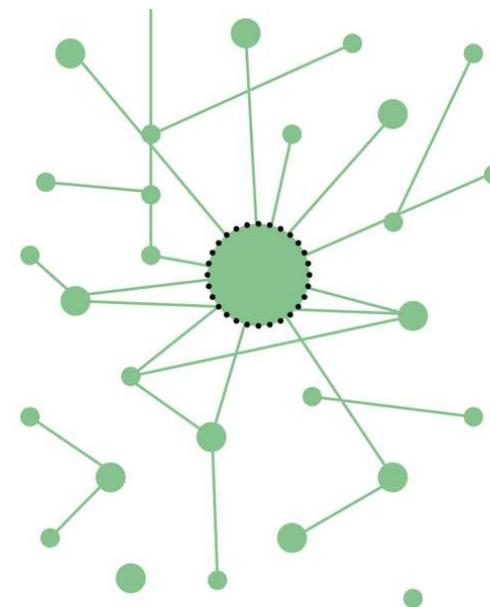
Unhealthy cell
Hard and rigid
membrane

The concept places a project within its eco-system, understanding that it does not exist in isolation and it has wide effects.



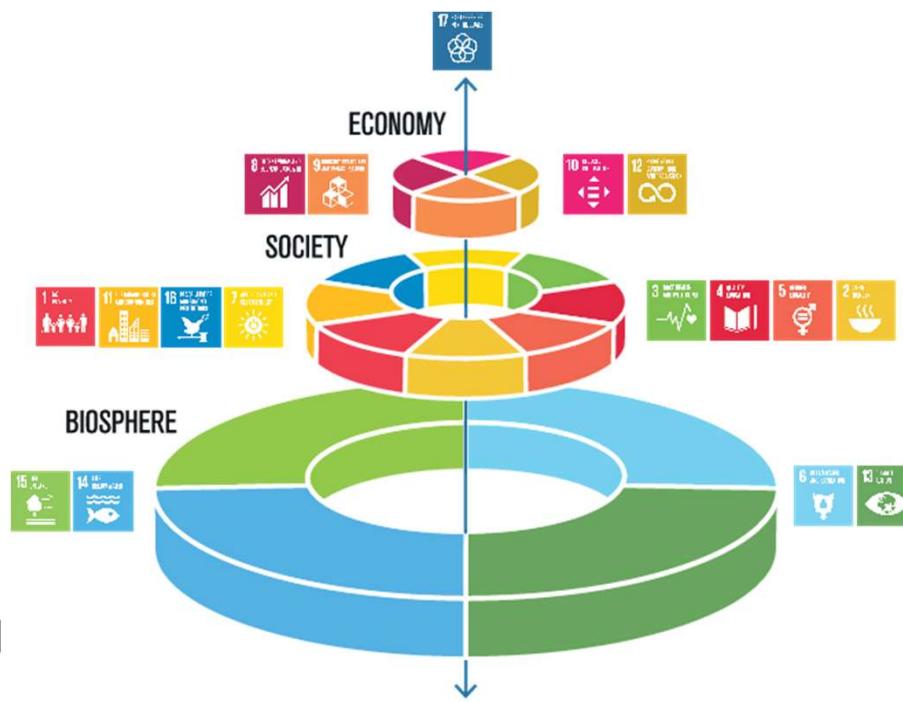
SUSTAINABLE DESIGN

Creating a clear site boundary and reducing impact within it



REGENERATIVE DESIGN

Removing the false construct of a 'site boundary' and creating a positive impact to the surrounding environment



WHAT IS REGENERATIVE?

Sustainability: do no harm

Regenerative: do aid, flourish and co-evolve¹

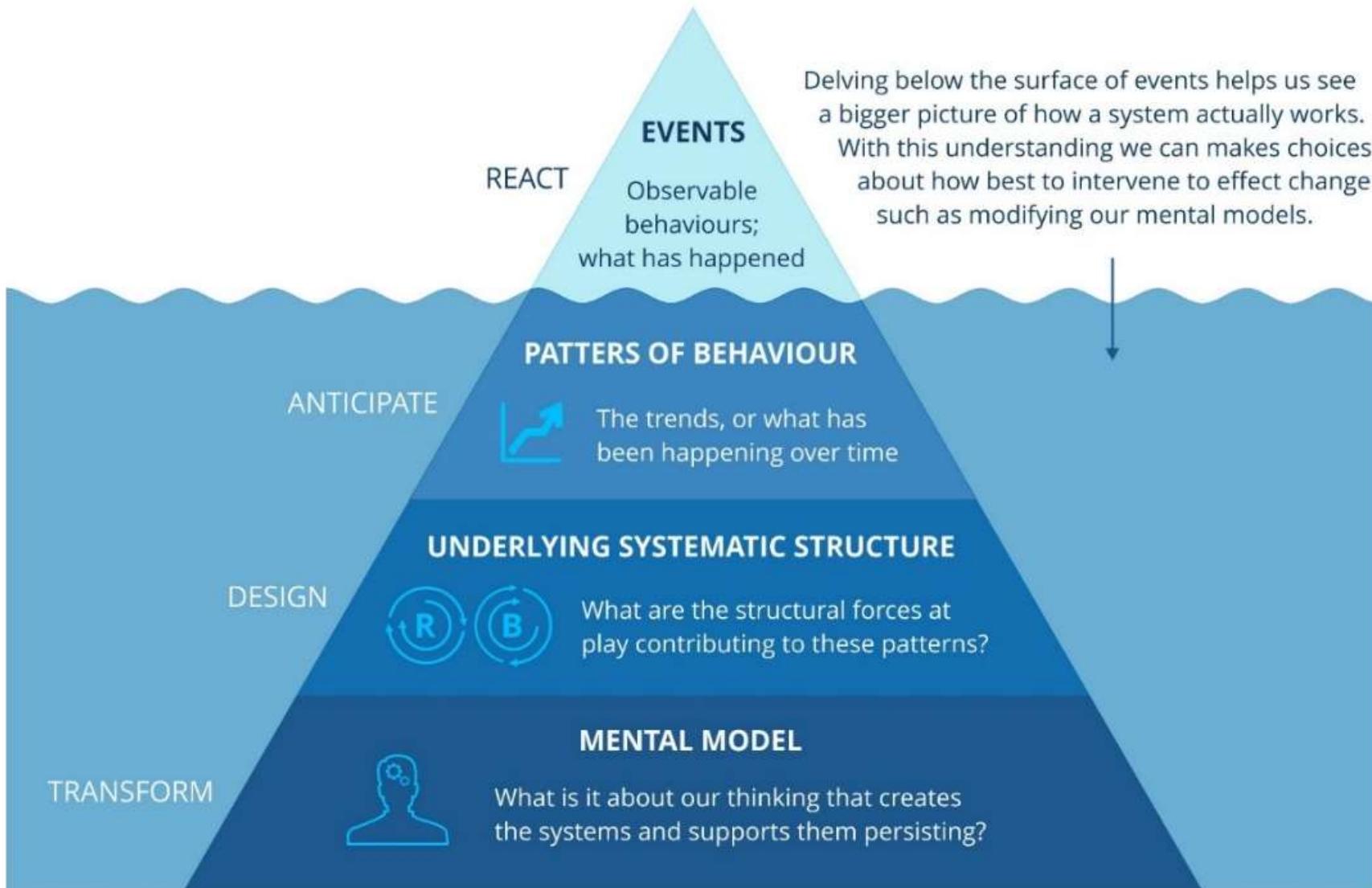
Net positive vs net zero

A work in progress and is whole system approach²

¹ Petrovski et al., 2021

² Reed, 2007





Iceberg Canvas

Current System

Current Events

Events are the individual activities or facts about the state of things in the system. Write in the box below the events and associated variables in the system.

Current Patterns

Patterns are the changes in variables that occur over a period of time. They are the trends that we perceive taking place over time. List the patterns you see in the system.

Current Structures

What are the rules, norms, policies, guidelines, power structures, distribution of resources, or informal ways of work that have been institutionalized? Post up all your ideas.

Current Models

What are the key mental models expressed through beliefs, attitudes, morals, expectations, values or culture which allow current structures to continue? Post all your ideas up.

Emerging System

Future Events

What new events would we hope to emerge from the new underlying patterns and structures we have outlined above? Post up any ideas on this.

Future Patterns

What new patterns may emerge from the new structures and mental models? Post up any ideas you may have.

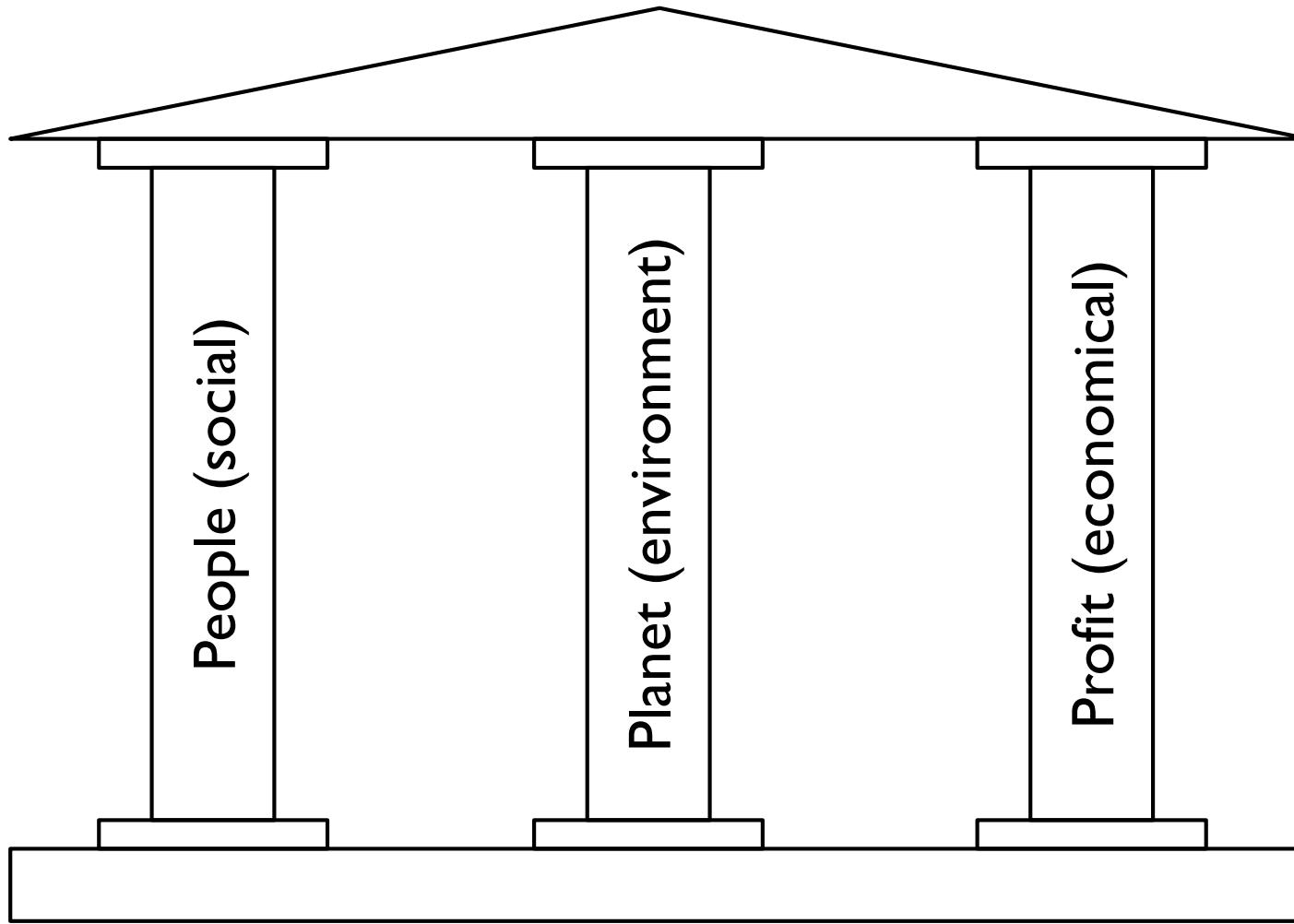
Future Structures

What new structures would emerge from those new mental models and values? Post all your ideas.

Future Models

Post up your ideas for the new mental models and values that might be needed to shift the paradigm.





SUMMARY MATRIX

The Living Building Challenge is composed of 20 Imperatives grouped into seven petals. Some Imperatives are not required for all Typologies.

PETAL	IMPERATIVE	TYPOLOGY			
		New Building	Existing Building	Interior	Landscape + Infrastructure
PLACE	1 Ecology of Place				
	2 Urban Agriculture				
	3 Habitat Exchange				
	4 Human Scaled Living				
WATER	5 Responsible Water Use				
	6 Net Positive Water				
ENERGY	7 Energy + Carbon Reduction				
	8 Net Positive Energy				
HEALTH + HAPPINESS	9 Healthy Interior Environment				
	10 Healthy Interior Performance				
	11 Access to Nature				
MATERIALS	12 Responsible Materials				
	13 Red List				
	14 Responsible Sourcing				
	15 Living Economy Sourcing				
	16 Net Positive Waste				
EQUITY	17 Universal Access				
	18 Inclusion				
BEAUTY	19 Beauty + Biophilia				
	20 Education + Inspiration				

Regenerative: 7 categories/petals and 20 imperatives, (ILFI,2024)

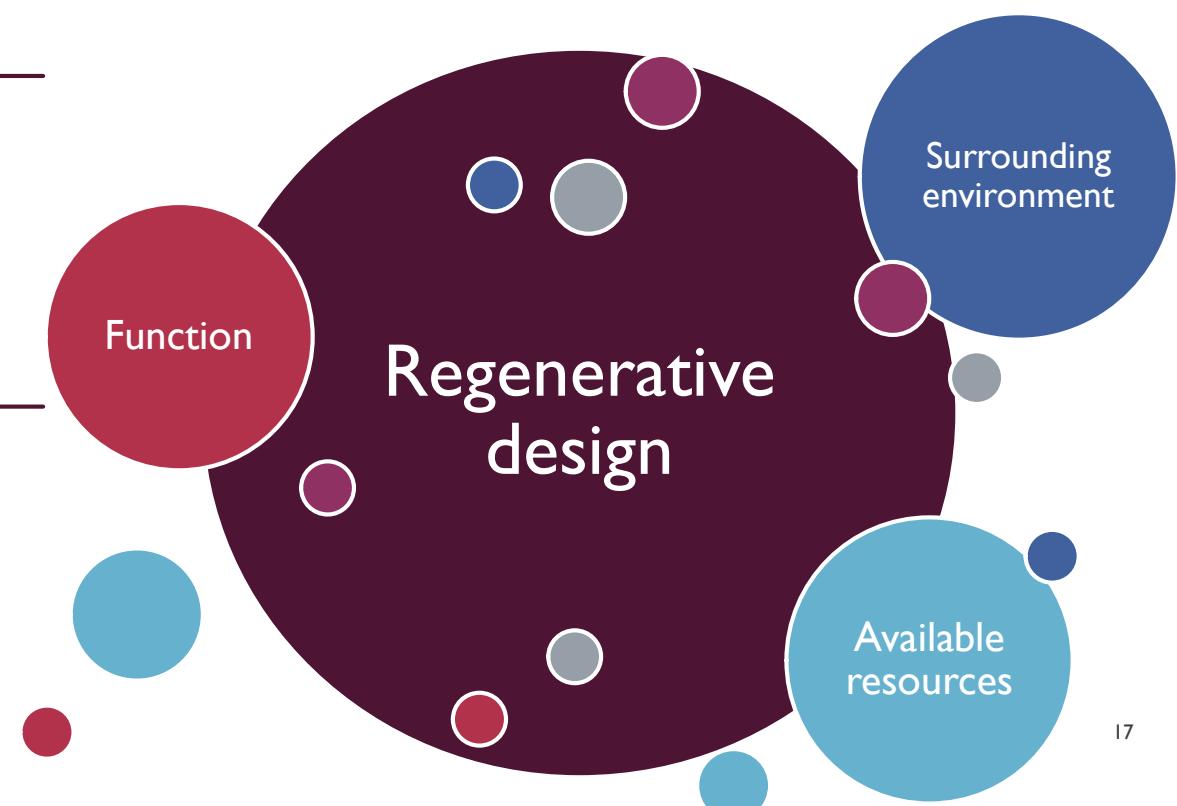
-  CORE IMPERATIVE
-  SCALE JUMPING ALLOWED
-  HANDPRINTING IMPERATIVE
-  IMPERATIVE REQUIRED FOR TYPOLOGY
-  REQUIREMENT DEPENDENT ON SCOPE
-  NOT REQUIRED FOR TYPOLOGY

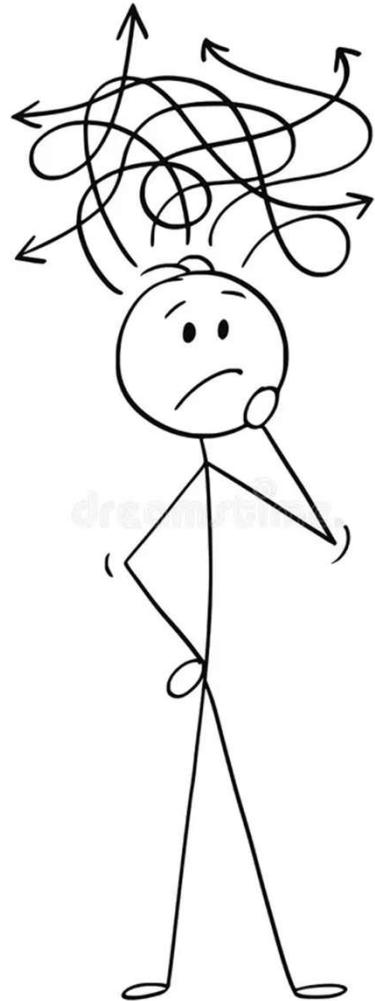
“BUILDINGS THAT REGENERATE THE HEALTH AND RESILIENCE OF ECOSYSTEMS, ECONOMIES, CULTURES AND PEOPLE.” INTERNATIONAL LIVING FUTURE INSTITUTE, 2024

That result in a society that is “socially just, culturally rich, and ecologically restorative”

“... Regenerative buildings restore the health and resilience of ecosystems, economies, cultures, and people.”

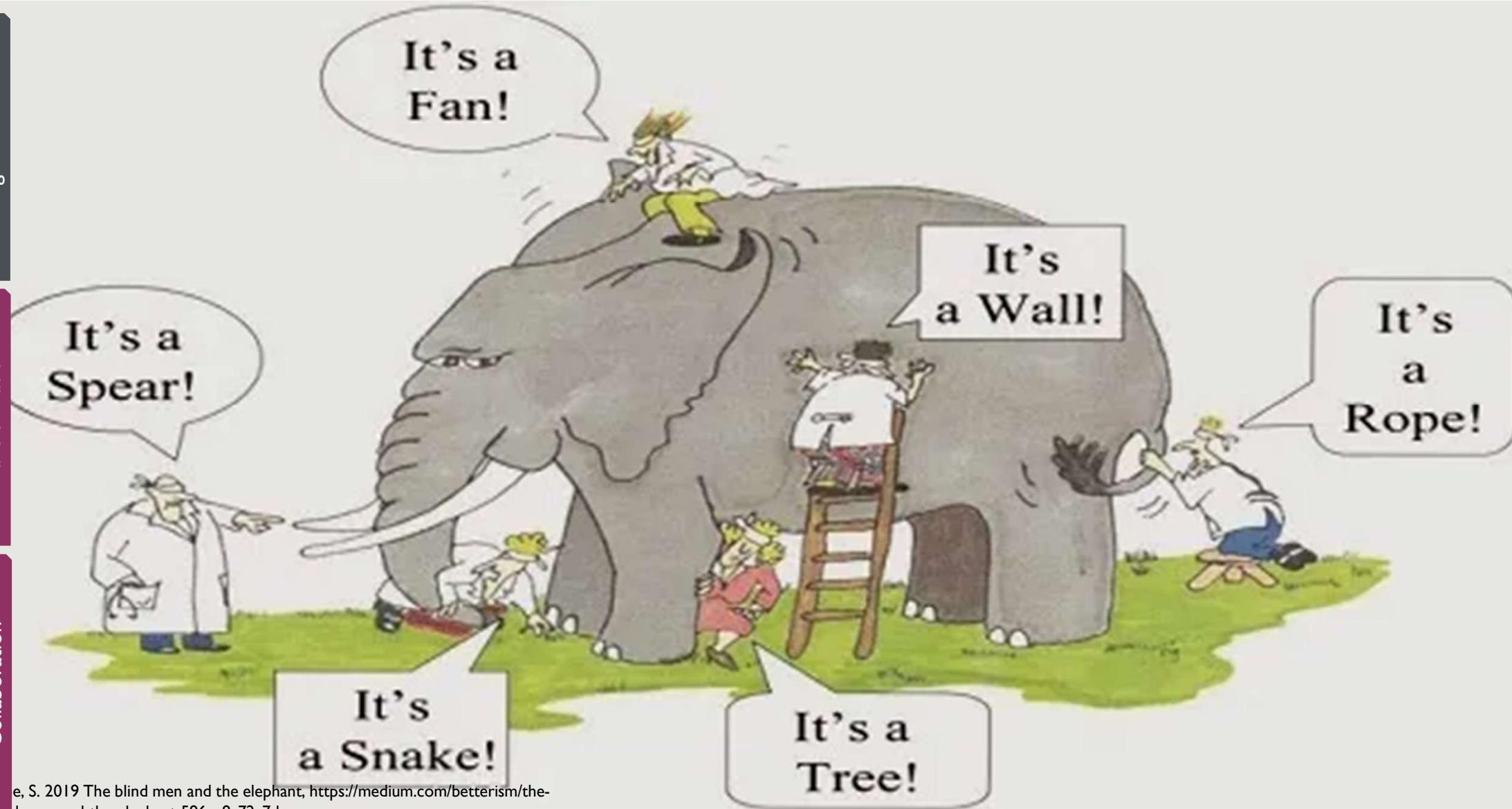
ILFI, 2024

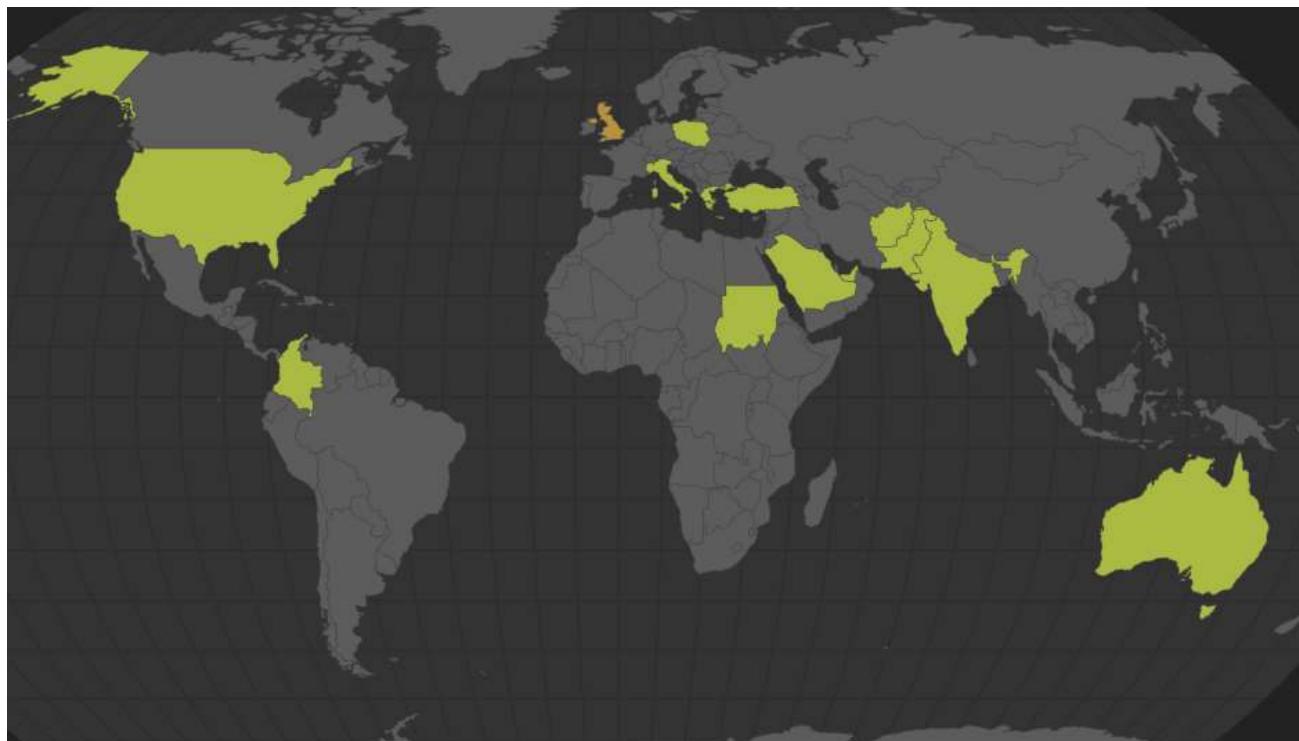




ALL WELL AND GOOD, BUT
HOW??

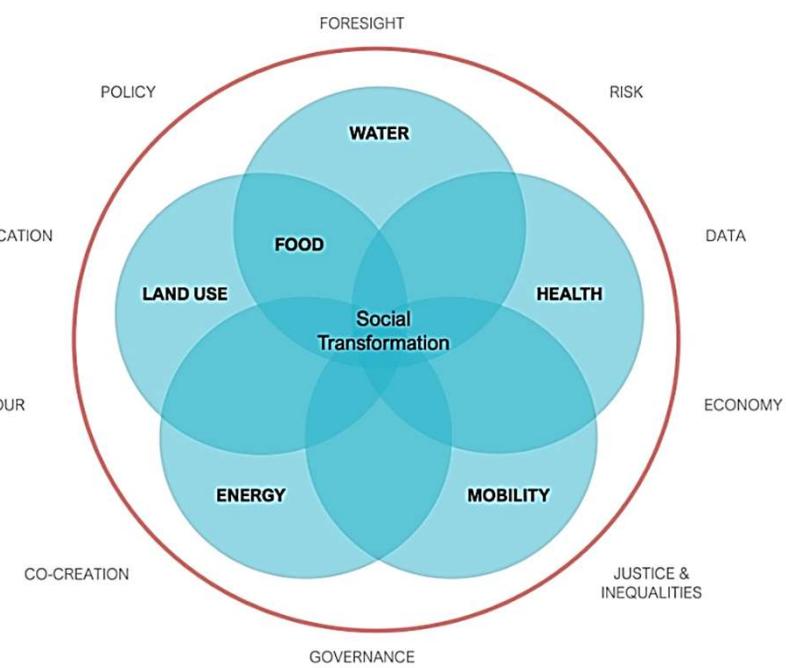
- Human needs
- Materials



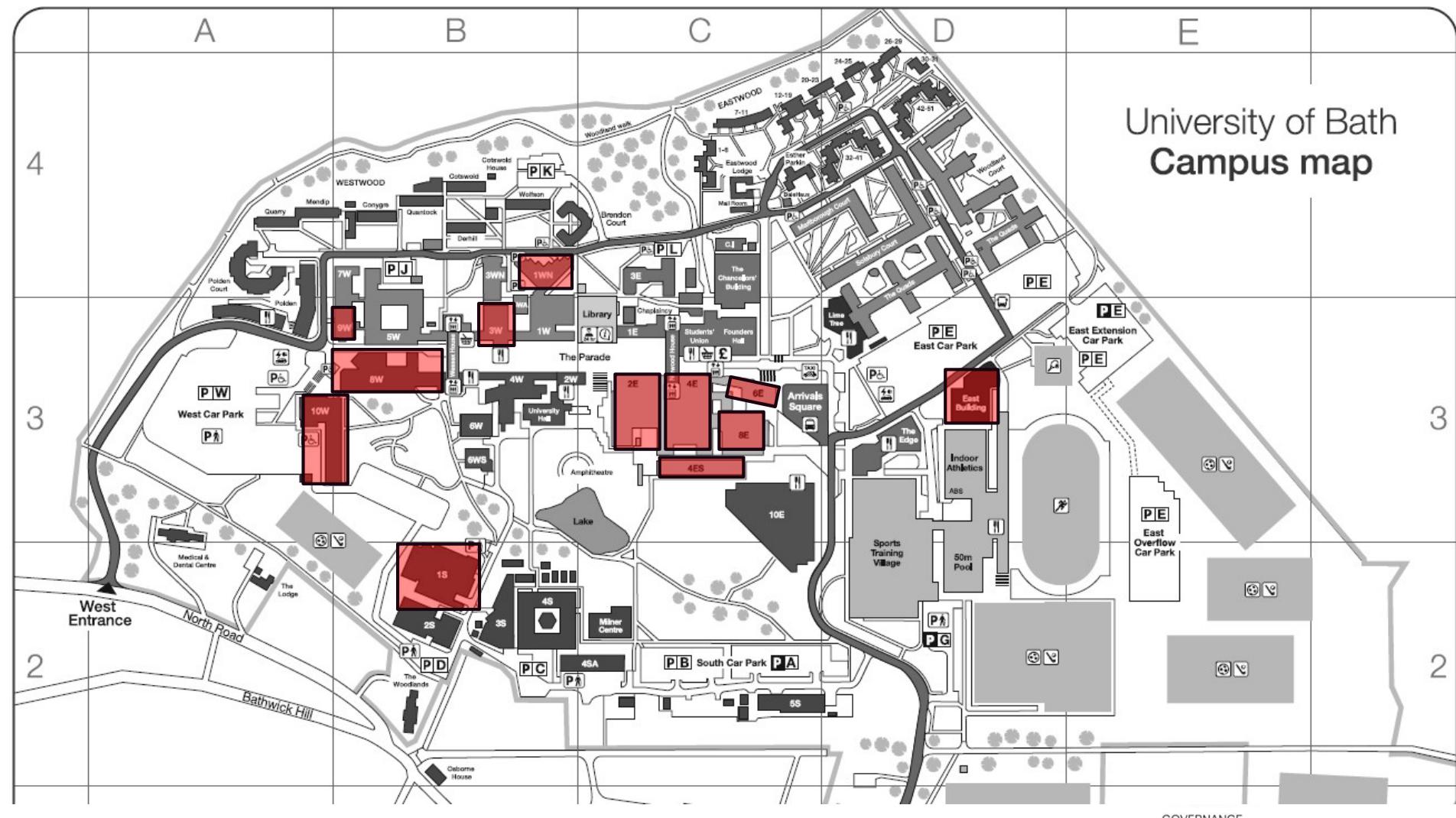


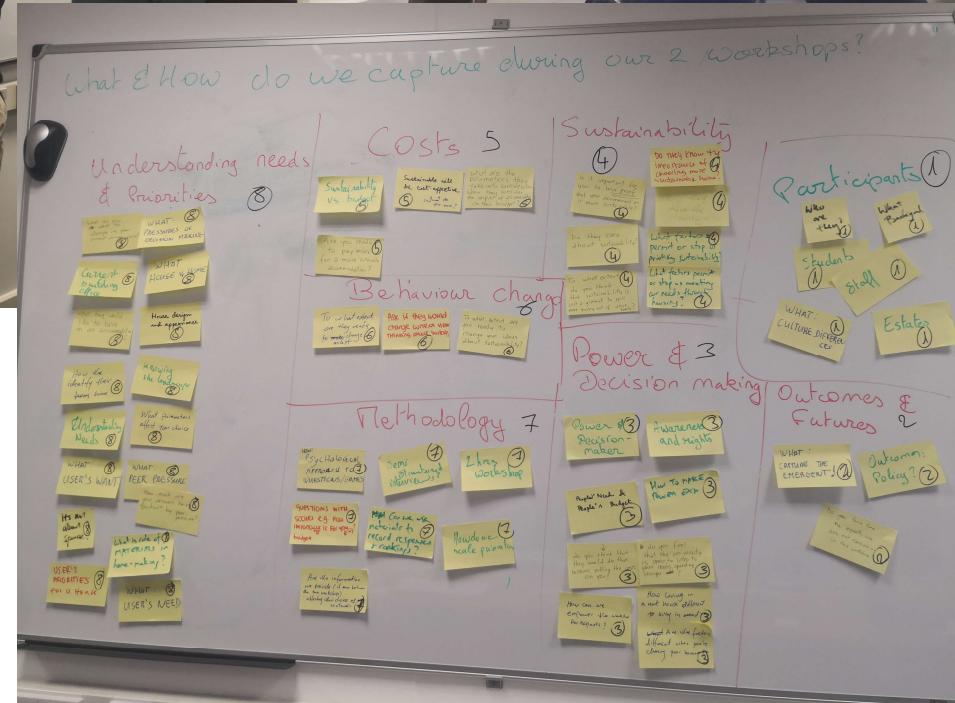
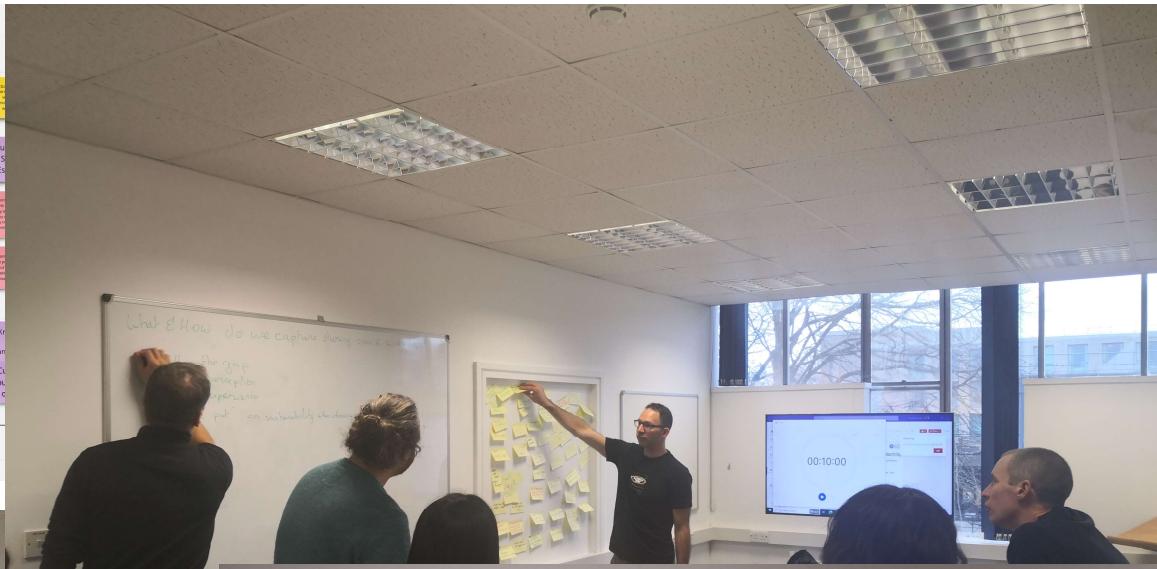
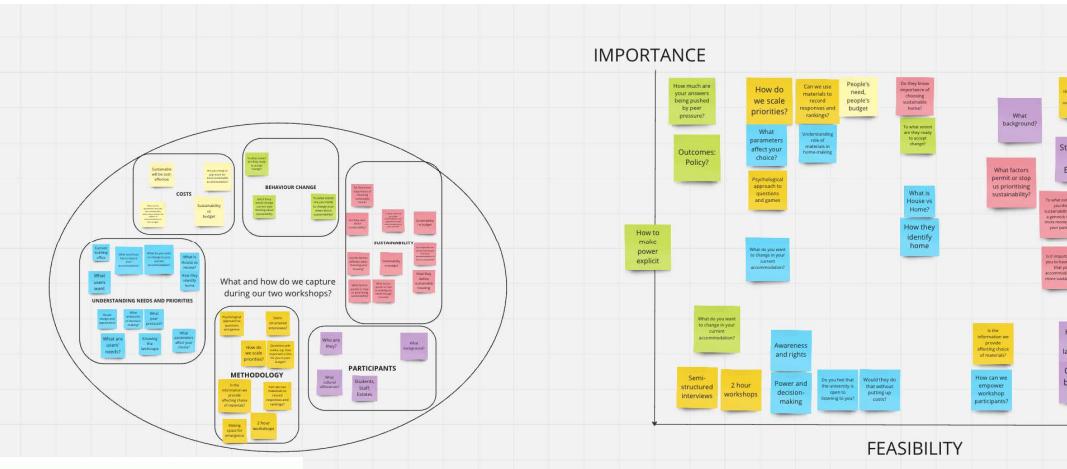
Collaborative working:

- Autonomy
- Relationships
- Purpose
- Meetings
- Transparency
- Decision Making
- Learning and Development.



University of Bath Campus map







The Elephant

- Civil/Materials
- Architecture
- Mathematics
- Physics
- Chemistry
- Social sciences
- Industry

Re-THINK

All the above

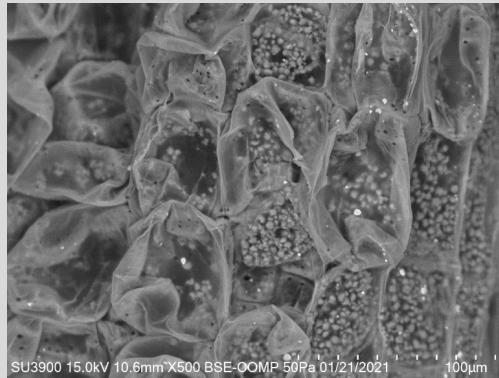
Art

Psychology

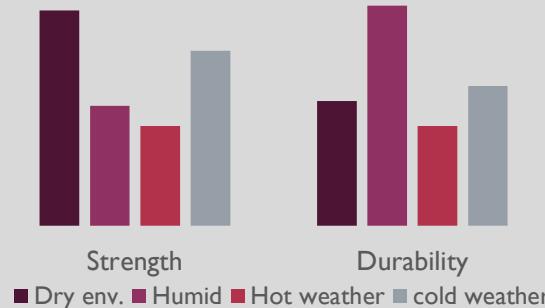
Natural building materials

- Civil
- Material
- Chemistry
- Physics
- Architecture
- LCA

Innovative processing and characterisation of materials



Effect of light wave length and frequency on construction materials



Regenerative modification of industrial waste and natural materials

Retrofit of existing buildings

40% EU building stock before 1960
90% before 1990 (BPIE, 2022)



Full regenerative structural retrofitting (health, social equity, resilience of ecosystem)

Evaluation of research processes

SPeAR® (Sustainable Project Appraisal Routine)



(Arup, 2022)

Appraisal tool to assist research ²⁴ institutes evaluating their own footprint

Thank you for your attentive listening

Contact:

- timam20@bath.ac.uk

Question?

